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New Staff at the Medical Professionals Health Program

We are enthusiastic to update you on some changes within our program. We've recently hired a full time case manager and a part time administrative assistant. We advertised positions online and received a great deal of interest. A program like ours requires good team work and synergy and so we were looking for strong candidates with good interpersonal and communication skills. We are just beginning to appreciate the gifts that each brings to our program and hope that you will join us in welcoming them to the MPHP.



Autumn is a second spring, when every flower is a leaf.

Author: unknown

Amy Tardy, MS *Case Manager*

Mrs. Tardy comes to the MPHP from Granite Bay Care, Inc, where she was an Area Director until August, 2011 when the agency closed. She has extensive training and experience in case management and has also served as therapist, supervisor, educator and trainer over the course of her career. Amy has a Master's Degree in human services, with a specialization in social work and she is working

through an online University towards her PhD in Health and Human Services. She is an eager learner, good communicator and collaborative problem solver. She brings a great passion for recovery to her work.

Karen Snell *Administrative Assistant*

Ms. Snell has extensive customer service and human re-

sources experience. She is very capable, mastering many computer office software programs and has served as administrator, trainer, HR manager and accounts payables over the course of her career. She has a degree in psychology from Massasoit Community College in Brockton, MA. She is dedicated to customer service, a hard worker, very caring and is willing to learn new challenges.

Mission:

The Medical Professionals Health Program, a program of the Maine Medical Association, assists medical professionals of Maine by providing confidential and compassionate assistance and advocacy. Our clinical professionals and committee members help participants with diagnosed substance use disorders. Although we do not provide evaluation or treatment, we help participants better understand the treatment and recovery process and help implement strategies for return to safe practice.



Get Your Influenza Vaccination

The Medical Professionals Health Program wants to remind you that health professionals can play a big part in the control of seasonal influenza by getting immunized now! Health professionals are notoriously poor models for prevention in this area, achieving rates of acceptance

as low as 30-40% some years and rarely higher than 70% (barely a passing grade). Considering that school children achieve general immunization rates that are much higher (even up to 90%), this low acceptance rate for health professionals is abysmal.

Please don't forget to get vaccinated this season!

**Medical Professionals
Health Program**

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Recipient Address

Helping:

- Dentist
- Denturists
- Hygienists
- Nurses
- Pharmacists
- Physicians
- Physician Assistants

Supported by:

- Maine Professional Licensing Boards
- Maine Hospitals and Medical Staffs
- Medical Malpractice Carriers of Maine
- Individual contributions

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Health Program.

Manchester, Maine

Key Dates:

- **Monitor and Self Reports**
due September 30, 2011.

- **Caring for the Caregivers**
A program of the Massachusetts medical Society and the MA Physician Health Program.

October 14, 2011

www.massmed.org/cme.events

- **New England Professional Group**

November 3 to 6, 2011

[http://www.idaa.org/meetings/
international/nepg/nepg.pdf](http://www.idaa.org/meetings/international/nepg/nepg.pdf)



Upcoming News Story: Narcotics Addiction

As some of you may know the Portland Press Herald is doing a series of articles about narcotics addiction in Maine. John Richardson, the reporter doing these stories, became interested in the impact of narcotics on health professionals.

A couple of MPHP staff met with Mr. Richardson a few weeks ago to talk with him about the article he was writing. We talked about the services offered by the MPHP and the effect of participating in a recovery and advocacy program such as ours. We are enormously proud of what MPHP participants have accomplished over the years and hope to pass along not only the requirements and responsibilities of participation, but also the successes (85%) of recovery programs such as MPHP.

We did not seek out this publicity and were concerned about how this information would be portrayed in the news media. Only after consulting with the leadership of the MPHP Advisory Committee, did we agree to an interview with Mr. Richardson. Our committee thought highly of Mr. Richardson, believing him to be an intelligent and fair minded writer. Our conversation focused on the program; we did not provide any information on any participants or graduates.

It is our understanding that this is not strictly about our program, but since there will be mention of the MPHP and references to a former participant (who was also interviewed by Mr. Richardson), we thought it would be appropriate to give you advance notice of the article.