Resources

Alcoholics Anonymous (AA)
1-800-834-4357
www.aa.org

Narcotics Anonymous
(NA)
1-800-974-0062
www.na.org

Smart Recovery
www.smartrecovery.com

Maine Alliance for Addiction Recovery (MAAR)
(207) 621-4111

NAMI Maine Helpline
1-800-464-5767

Maine Statewide Crisis Hotline
1-888-568-1112

221 Maine
221Maine.org

Staff & Program Partners

Director:
Guy Cousins, LCSW, LADC, CCS

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Clinical Coordinator:
Heidi Wright, LSW

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Clinical Coordinator:
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Legal Counsel:
Andrew MacLean, Esq.

Peer Advisors
The MPHP Advisory Committee is made up of many dedicated healthcare professionals, representing the diversity of the population we serve, including; medicine, dentistry, osteopathy, pharmacy, nursing, veterinary, and EMS professions

Stakeholders
The MPHP is funded through a variety of sources, including; state licensing boards, medical staff, association, malpractice carrier donations, and participation fees from those we serve.
We serve those who are licensed, or are seeking licensure with the following boards:

- **Board of Nursing**: RN, LPN, CRNA, APRN/NP, students
- **Board of Licensure in Medicine**: MD, PA, PA-C, resident/students
- **Maine Board of Dental Practice**: DDS, DMD, dental hygienists, denturists, students
- **Maine Board of Osteopathic Licensure**: DO, students
- **Board of Pharmacy**: RPh, Pharm.D, Pharmacy Technicians, interns/students
- **Board of Veterinary Medicine**: DVM, students
- **Board of Emergency Medical Services**

"I know that I still have the ability and determination to do my part to make the world a better place. In recovery. And that is all that is really required of any person."

-anonymous participant

**MPHP mission**: To promote the health and well-being of Maine’s healthcare professionals by providing monitoring, resources, education, and advocacy for those challenged with substance use disorders, mental health and behavioral issues that may adversely impact their ability to practice safely.

**Services Offered**

- Clinical coordination: includes recovery monitoring and documentation, referrals, advocacy for licensure and credentialing
- Initial interview and assessment
- Mentoring
- Educational & outreach presentations/conferences

*The MPHP does not provide diagnosis or treatment.

**Possible referral sources:**

Self, employers, licensing Boards, family members, co-workers, anonymous sources, etc.