

Resources

Alcoholics Anonymous (AA)
1-800-834-4357
www.aa.org

Narcotics Anonymous
(NA)
1-800-974-0062
www.na.org

Smart Recovery
www.smartrecovery.com

Maine Alliance for Addiction
Recovery (MAAR)
(207) 621-4111

NAMI Maine Helpline
1-800-464-5767

Maine Statewide Crisis
Hotline
1-888-568-1112

221 Maine
221Maine.org



Staff & Program Partners

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Peer Advisors

The MPHP Advisory Committee is made up of many dedicated healthcare professionals, representing the diversity of the population we serve, including; medicine, dentistry, osteopathy, pharmacy, nursing, veterinary professions

Stakeholders

The MPHP is funded through a variety of sources, including; state licensing boards, medical staff, association, malpractice carrier donations, and participation fees from those we serve.

Medical Professionals Health Program



A program of the Maine Medical Association

*Supporting healthcare professionals while
safeguarding the public for over 30 years*

16 Association Drive

P.O. Box 69

Manchester, ME 04351



(207)623-9266

Visit us on the web at:

www.mainemphp.org

We serve those who are licensed, or are seeking licensure with the following boards:

- **Board of Nursing:** RN, LPN, CRNA, APRN/NP, students
- **Board of Licensure in Medicine:** MD, PA, PA-C, resident/students
- **Maine Board of Dental Practice:** DDS, DMD, dental hygienists, denturists, students
- **Maine Board of Osteopathic Licensure:** DO, students
- **Board of Pharmacy:** RPh, Pharm.D, Pharmacy Technicians, interns/students
- **Board of Veterinary Medicine:** DVM, students



"I know that I still have the ability and determination to do my part to make the world a better place. In recovery. And that is all that is really required of any person."

-anonymous participant

MPHP mission: To promote the health and well-being of Maine's healthcare professionals by providing monitoring, resources, education, and advocacy for those challenged with substance use disorders, mental health disorders, and behavioral issues that may adversely affect their ability to practice safely.

Services Offered

- **Clinical coordination: includes recovery monitoring and documentation, referrals, advocacy for licensure and credentialing**
- **Initial interview and assessment**
- **Mentoring**
- **Educational & outreach presentations/conferences**

*The MPHP does not provide a diagnosis or treatment.

The following may be indicators that someone could benefit from referral to MPHP:

Changes in Work Habit:

Conflicts with colleagues, increase complaints, neglect of patients or duties, absenteeism, frequent disorganization, decreased productivity, inaccurate work, inventory counts are frequently off, late assignments

Changes in behavior:

Defensive, jealous, easily angered, depressed or moody, increased irritability, negative behaviors that effect work and/or relationships at work, withdrawn, increased anxiety, personal hygiene deteriorating.

Possible referral sources:

Self, employers, licensing Boards, family members, co-workers, anonymous sources, etc.