

MAINE MEDICAL ASSOCIATION

MEDICAL PROFESSIONALS HEALTH PROGRAM

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Introduction: The Medical Professionals Health Program (MPHP) is a program which provides clinical coordination, monitoring, and advocacy services for Maine's professional population. We do not make clinical diagnoses or make final determinations about fitness to return to work. We do, however, make appropriate referrals to external bodies, work with the clinical team to develop an appropriate plan for continued support, monitor professionals and be able to advocate for their safety to practice based upon collected data. If you would like to learn more about how MPHP serves medical professionals we encourage you to visit our website at www.mainemphp.org

Purpose of the Evaluation: There are four primary purposes for obtaining this comprehensive evaluation. These are:

- To be certain that the professional gets treatment that matches his/her needs.
- To be able to advocate with the Boards of Licensure regarding safety to practice and put together a return to work plan.
- To determine if the professional meets criteria for being followed by MPHP.
- To build a comprehensive monitoring agreement if appropriate.

Required Elements of an MPHP Evaluation:

- Identifying information
- Chief complaint
- History of the presenting issue
- Psychiatric/psychological history
- Substance use history
- Medical history, including current medications
- Developmental (family of origin), psychosocial and educational history
- Mental status examination (not formal testing, unless deemed appropriate)
- Corroborative information as available
- Diagnosis
- Treatment formulation and summary
- Ability to practice safely

Confidentiality: You should know that we ask the participant to sign a release with you to have you send us your completed evaluation, but we do not reissue this evaluation to anyone. It is kept strictly confidential among our staff. Some licensing boards, however, may ask the participant to produce the results of your evaluation to them. That is between you and the client.

Payment: We do not reimburse for these evaluations. The medical professional or his/her insurance must bear the cost of the evaluation. What you decide to charge is between you and the professional. However, we urge you to remember that some of these colleagues may have little money and need your services a great deal.

Other Issues:

- It is very important that the professional not be a colleague or known to the evaluator in another context. These evaluations must be free of conflicts of interest.
- The completed evaluation is expected to be received by MPHP within two weeks of the evaluation. Under extenuating circumstances the evaluator may request a time extension.
- If the MPHP staff has questions about the evaluation, the evaluator will arrange a time to speak with the MPHP case manager as soon as is convenient for both.
- If the evaluation does not contain the elements described in the attached document then the MPHP may contact the evaluator and request the additional information which should be forwarded within a week.
- If the evaluator has authority to access to the Prescription Monitoring Program (PMP) it is recommended that the evaluator access that as a part of his/her assessment.
- The evaluator is not expected to make recommendations about participation in the MPHP as part of the evaluation. Eligibility for monitoring in MPHP will be determined by the MPHP team based on the evaluation, the assessment by the case manager and other factors that may be related to Board concerns.