

Support Groups & Resource Listings For the State of Maine

January 2015



*Substance Abuse
and Mental Health Services*
An Office of the
Department of Health and Human Services

Paul R. LePage, Governor

Mary C. Mayhew, Commissioner

A REQUEST FOR A MINUTE OF YOUR TIME

The Office of Substance Abuse & Mental Health Services, Information and Resource Center has put together this directory of support groups in order to help people in the State of Maine find local support groups.

Should you know of any changes or areas starting new meetings, please get in touch with us. We want to provide people with the best possible list of resources. Our contact information is listed below. You may also submit information using the form located in the back of this publication.

If you are using a directory that is more than a year old, please call us to request a new one, as it is updated at least once a year.

This list was updated January 2015

Prepared By:

Information and Resource Center
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Tel: 1-800-499-0027
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Maine 211

For health and human services information throughout Maine, call: **211** or visit: www.211maine.org. Call specialists are available to help callers locate services 24 hours a day, 7 days a week.

Guide to Meeting Types

A	Accessible meeting location
ABSI	As Bill Sees It
B	Beginners
BB	Big Book
C	Closed
CC	Child Care Provided (Recommended calling ahead)
D	Discussion
G	Gay (Homosexual Men)
L	Lesbian (Homosexual Women)
GLBTQ	Gay, Lesbian, Bisexual, Transgender and Queer Culture
GV	Grapevine-Subject Discussion
Lit	Literature Discussed
MED	Meditation
SP	Speaker
ST	Step
Tag	Taking Turns to Speak
W	Women Only
Yth	Youth (Early teen to young adult)

Guide to Acronyms

AA	Alcoholics Anonymous (For additional meeting and contact information 1-800-737-6237)
ASL	American Sign Language
ACOA	Adult Children of Alcoholics
Al anon	For Affected Others of Alcoholics (For additional meeting and contact information 1-800-498-1844)
Alateen	For Affected Teens of Substance Abusers
Gamanon	For Affected Others of Gambling
HTLN	Hotline
MH	Mental Health
NA	Narcotics Anonymous (For additional meeting and contact information 1-800-974-0062)
Nar Anon	For Affected Others of Substance Abusers
OA	Overeaters Anonymous
TOPS	Take Off Pounds Sensibly
TTY	Teletypewriter (telecommunication for deaf persons)

HTLN AA

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
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HTLN AA

Bath				Signer Hearing Impaired Pine Tree Society	443-3341 V&TTY
National		Mon-Fri	8:30-4:45 PM	National General Service Office	212-870-3400
Portland				Signer Hearing Impaired (AA Central Srv)	774-4335
Statewide			9-5 PM	Statewide AA Meetings,Central Services	1-800-737-6237

HTLN AIDS

National			24 HRS	Center for Disease Control	1-800-232-4636
Statewide		Mon-Fri	9-5 PM	Maine Statewide AIDS Hotline	1-800-851-2437

HTLN Al anon

National			24 HRS	Al Anon Family Group Headquarters	757-563-1600
Statewide				Maine Alanon Family Group	1-800-498-1844

HTLN Domestic Violence

Aroostook Cty				Aroostook Band of MicMacs Family Violence	1-800-750-1435
Aroostook Cty			24 HRS	Hope & Justice Project	1-800-439-2323
Aroostook Cty				Houlton Band Maliseet Domestic Violence	532-6401
Cumberland,Sagadahoc			24 HRS	Family Crisis Srvs/Call for Information	1-800-537-6066
Eastport				Passamaquoddy Peaceful Relations	1-877-853-2613
Franklin, Oxford Cty			24 HRS	Abused Women's Advocacy	1-800-559-2927
Hancock,Washington			24 HRS	Next Step Domestic Violence Project	1-800-315-5579
Kennebec,Someset			24 HRS	Family Violence Project	1-877-890-7788
Knox, Lincoln,Waldo			24 HRS	New Hope for Women	1-800-522-3304
National			24 HRS	National Child Abuse Hotline	1-800-422-4453
National				Domestic Abuse Helpline for Men & Women	1-888-743-5754
National			24 HRS	National Domestic Violence	1-800-799-7233
Penobscot			24 HRS	Spruce Run	1-800-863-9909
Penobscot				Penobscot Nation Domestic Violence	631-4886
Piscataquis			24 HRS	Woman Care	1-888-564-8165
Southern ME			24 HRS	Sexual Assault Response Srvs of So ME	1-800-313-9900
Statewide			24 HRS	Reporting Child Abuse & Neglect/DHHS	1-800-452-1999
Statewide			24 HRS	ME Coalition Against Sexual Assault	1-800-871-7741
Statewide				United Somali Women of Maine	207-753-0061
Statewide			24 HRS	Domestic Violence Helpline	1-866-834-4357
Washington Cty			24 HRS	Peaceful Choices	1-800-604-8692
York County			24 HRS	Caring Unlimited/Call for Information	1-800-239-7298

HTLN Drug Enforcement

Statewide			24 HRS	Bureau Intergovernmental Drug Enforcement	1-800-452-6457
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HTLN Elderly

Statewide			24 HRS	Reporting Elder Abuse	1-800-624-8404
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HTLN Gamblers

National			24 HRS	National Council on Problem Gambling	1-800-522-4700
Statewide			24 HRS	Gamblers Anonymous	1-888-424-3577
Statewide			24 HRS	211 Maine	211

HTLN Homeless

National			24 HRS	Homeless Crisis Hotline	800-438-3890
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HTLN Information

Statewide			24 HRS	211 Maine	211
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HTLN Mental Health

Statewide		Daily	24 HRS	Warm Line, Peer Support Specialists	1-866-771-9276
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HTLN Mental Health

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Statewide				National Alliance on Mental Illness Maine	1-800-464-5767

HTLN NA

Statewide			24 HRS	Maine NA Meetings	1-800-974-0062
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HTLN Poison

Statewide			24 HRS	Northern New England Poison Center	1-800-222-1222
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HTLN Runaways

National			24 HRS	Runaway Hot Line	1-800-786-2929
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HTLN Smokers

Statewide		Mon-Fri	8AM-8PM	Maine Tobacco Helpline	1-800-207-1230
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HTLN Smokers Anonymous

Portland			24 HRS	211 Maine	211
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HTLN State Police

Statewide			24 HRS	Maine State Police	1-800-452-4664
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HTLN Substance Abuse

National		Daily	12PM-3AM	SAMHSA/Treatment Referral Line	1-800-662-4357
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HTLN Suicide

National			24 HRS	National Suicide Prevention Initiative	1-800-273-8255
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Statewide			24 HRS	Statewide Crisis Hotline DHHS	1-888-568-1112
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HTLN Veterans

National		Daily	24 HRS	National Veteran's Crisis Line	1-800-273-8255 x1
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Statewide		Daily	24 HRS	Maine Military & Community Network	1-888-365-9287
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Statewide		Daily	24 HRS	Military Onesource	1-800-342-9647
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AA

Abbott Village	D	Thurs	8 PM	Abbot Town Hall, 133 Tenney Hill Rd	
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Acton	SP/A	Fri	7 PM	Acton Congregational Ch, H Road	
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Alfred	ST/A	Sun/Th/Sat	6:30 PM	Notre Dame Spiritual Ctr, 147 Shaker Hill	
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Andover	D/C	Wed	7 PM	Andover Congregational Ch, 23 Elm St	
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Aroostook Jct, NB	D	Wed	8 PM	Our Lady of Mercy Ch, Main St	
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Ashland	D	Thurs	7:30 PM	Community Library, 57 Exchange St	
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Auburn	D/A	Thurs	7 PM	High Street Congregational Ch, 35 High St	
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Auburn	ST/C	Fri	7 PM	St Michael's Ch, 78 Pleasant St	
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Auburn	D	Mon-Fri	7 AM	St Michael's Ch, 78 Pleasant St	
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Auburn	BB/D	Mon	7:30 PM	United Methodist Ch, 439 Park Ave	
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Auburn	W/D/C/A	Thurs	5:30 PM	Grace Lutheran Ch, 757 Summer St	
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Auburn	D	Sat	7:30 AM	St Michael's Ch, 78 Pleasant St	
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Auburn	SP/A	Wed	8 PM	St Philip's Ch, 2365 Turner Rd, Rt 4	
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Augusta	D/SP	Mon/Wed	7 PM	Togus VA Ctr, 1 VA Center, Bldg 210,	
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Augusta	Lit/BB	Sun	7 PM	St Augustine's Ch, 1 Kendall St	
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Augusta	D/A	Sat	10 AM	St Mark's Episcopal Ch, 9 Summer St	
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Augusta	SP	Thurs	7:30 PM	St Augustine's Ch, 1 Kendall St	
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Augusta	SP/A	Sat	8 PM	St Mark's Episcopal Ch, 9 Summer St	
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Augusta	D/SP	Mon	6 PM	Riverview Psychiatric Hosp, Sebago Room	
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Augusta	B	Fri	7 PM	Bread of Life Ministries, 157 Water St	
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Augusta	D/SP	Tues	7 PM	Bread of Life Ministries, 157 Water St	
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Augusta	D/C	Sun	12:30 PM	Bread of Life Ministries, 157 Water St	
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Augusta	D	Mon	6 PM	Kennebec Cty Corrections, 115 State St	
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Augusta	BB/ST/C/A	Wed	7 PM	Riverview Psychiatric Hosp, 250 Arsenal St	
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Bangor	BB/ST	Mon	7 PM	St John's Episcopal Ch, 234 French St	
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AA

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Bangor	W/BB	Wed	Noon	Congregational Ch, Hammond St	
Bangor	D/A	Sun	11 AM	Acadia Hosp, 268 Stillwater Ave	
Bangor	D/A	Tues	Noon	Acadia Hosp, 268 Stillwater, Osprey Rm	
Bangor	BB/ST/A	Mon-Fri	Noon	Unitarian Universalist Ch, 120 Park St	
Bangor	B/C/W	Mon/Wed	7:30 PM	Penobscot County Jail, 85 Hammond St	
Bangor	ST/A	Sun	9 AM	Acadia Recovery Community,179 Indiana Ave	
Bangor	D/A	Sat	11 AM	Peabody Hall, Husson College, Rm 127	
Bangor	D/A	Thurs	Noon	Acadia Recovery, 268 Stillwater Ave	
Bangor	D/A	Thurs	8 PM	Capehart Community Ctr, 161 Davis Rd	
Bangor	GV	Mon-Fri	7:30 AM	Acadia Recovery Community,179 Indiana Ave	
Bangor	D/A	Sat	8 AM	Acadia Recovery Community,179 Indiana Ave	
Bangor	W/ST/D	Thurs	7 PM	Hammond St Cong Ch, 28 High St	
Bangor	SP	Sun	7 PM	St John's Episcopal Ch, 234 French St	
Bar Harbor	D	Mon/Sat	7 PM	St Savior's Parish Hall, 41 Mt Desert St	
Bar Harbor	D	Fri	7 PM	Holy Redeemer Parish, 21 Ledge Lawn Ave	
Bar Harbor	D	Tues	7 PM	First Baptist Ch, 46 Ledge lawn Ave	
Bar Harbor	D	Sun/Wed	7 PM	Mt Desert Island Hosp, 10 Wayman Lane	
Bar Harbor	D	Sun	9 AM	Community Hall, 1328 Rt 102	
Bar Harbor	D	Tues-Thurs	Noon	St Savior's Parish Hall, 41 Mt Desert St	
Bath	D	Sat	7 PM	United Church of Christ, 150 Congress Ave	
Bath	D	Mon	8 PM	United Church of Christ, 150 Congress Ave	
Bath	B/A	Fri	6:30 PM	United Church of Christ, 150 Congress Ave	
Bath	D/M/A	Wed	7 PM	United Church of Christ, 150 Congress Ave	
Bath	W/ST/C	Mon	6:30 PM	United Church of Christ, 150 Congress Ave	
Bath	SP/A	Fri	8 PM	United Church of Christ, 150 Congress Ave	
Bath	Lit	Tues	Noon	Church of the Nazarene, 191 Centre St	
Bath	Lit	Wed	Noon	Church of the Nazarene, 191 Centre St	
Beals Island	D	Sat	7 PM	RLDS Church, Main St	
Belfast	BB/D	Thurs	6 PM	St Margaret's Episcopal Ch, 95 Court St	
Belfast	B/D	Sat	Noon	St Margaret's Episcopal Ch, 95 Court St	
Belfast	ST/A	Wed	Noon	St Margaret's Episcopal Ch, 95 Court St	
Belfast	ST/D	Wed	8 PM	First Baptist Ch, 95 High St	
Belfast	D/A	Tues	6 PM	St Margaret's Episcopal Ch, 95 Court St	
Belfast	D/A/C	Sun	10 AM	WCGH Ed Center, 118 Northport Ave	
Belfast	W/D	Wed	7 AM	First Baptist Ch, 95 High St	
Belfast	D	Mon-Fri	7 AM	St Margaret's Episcopal Ch, 95 Court St	
Belgrade Lakes	SP/D/A	Sun	2 PM	Union Church, Rt 27	
Berwick	B/D	Thurs	7 PM	Our Lady of Peace Ch, 82 Atlantic Ave	
Berwick	M/BB	Tues	7:30 PM	Our Lady of Peace Ch, 82 Atlantic Ave	
Berwick S	BB/ST/A	Mon/Fri	7 PM	First Federated Ch, 150 Main St	
Bethel	D	Sun	6 PM	United Methodist Ch, 75 Main St	
Bethel	D	Sat	4:30 PM	Snow Cap Inn, Conf Rm, Sunday River	
Bethel	D	Fri	6 PM	United Methodist Ch, 75 Main St	
Bethel	D/ST/A	Tues	6 PM	United Methodist Ch, 75 Main St	
Biddeford	D/A	Mon-Fri	6 AM	Chamber of Commerce Bldg, 34 Water St	
Biddeford	SP/D/A	Mon-Fri	Noon	Second Parish Congr Ch, 19 Crescent St	
Biddeford	D/Lit/B	Fri	7 PM	Southern ME Medical Ctr, Caf� 3, 2nd Fl	
Biddeford	D/A	Sat	10 AM	Southern ME Medical Ctr, Caf� 4&5,2nd Fl	
Biddeford	SP/A	Wed	7 PM	Richard Martin Comm Ctr, 189 Alfred St	
Biddeford	BB/Lit	Sat	7:30 AM	Christ Episcopal Ch, 75 South St	
Bingham	ABS/D	Fri	7 PM	Congregational Ch, 7 Meadow St	
Blue Hill	D	Tues	Noon	St Francis Episcopal Ch,Hinckley Ridge Rd	
Blue Hill	ST/D/A	Fri	7 PM	Congregational Ch, Main St	

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<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Blue Hill	D/A	Mon	7 PM	Blue Hill Hospital Cafeteria, 57 Water St	
Blue Hill	D/A	Wed	7:30 PM	Blue Hill Hosp In Service Rm, 57 Water St	
Blue Hill	D	Sat	10 AM	Odd Fellows Hall, Main St	
Blue Hill	D/A	Sun	7 PM	Blue Hill Hospital Cafeteria, 57 Water St	
Boothbay Harbor	B/D	Thurs	7 PM	Our Lady Catholic Ch, 82 Atlantic Ave	
Boothbay Harbor	D/A	Mon	7 PM	Methodist Ch, 75 Townsend Ave	
Boothbay Harbor	D	Thurs	Noon	Congregational Ch, 1 Eastern Ave	
Boothbay Harbor	ST/A	Sun	6:30 PM	Our Lady Catholic Ch, 82 Atlantic Ave	
Boothbay Harbor	D	Wed	7 PM	St Columbia Episcopal Ch,32 Emery Lane	
Boothbay Harbor	BB	Sat	9:30 AM	Baptist Ch Annex, Chapel St	
Bowdoinham	ST	Fri	7 PM	Second Baptist Ch, 1 Church St	
Bowdoinham	D	Mon	7 PM	Second Baptist Ch, 1 Church St	
Brewer	BB	Sun	9:30 AM	The Barn, 142 Center St	
Brewer	BB	Sat	6 PM	The Barn, 142 Center St	
Brewer	D/A	Mon-Fri	Noon	The Barn, 142 Center St	
Brewer	D/A	Mon	6 PM	The Barn, 142 Center St	
Brewer	M/D/C	Tues	8 PM	The Barn, 142 Center St	
Brewer	B	Sat	Noon	The Barn, 142 Center St	
Brewer	D/ST/BB	Tues	6 PM	The Barn, 142 Center St	
Brewer	ABSI	Wed	6 PM	The Barn, 142 Center St	
Brewer	BB/D	Thurs	6 PM	The Barn, 142 Center St	
Brewer	BB	Sat	6:30 PM	United Methodist Ch, 40 South Main St	
Brewer	D/A	Wed	8 PM	St Joseph Ch, 531 No.Main St, Rt 9	
Bridgton	D/ST	Mon-Fri	Noon	St Peter's Episcopal Ch, Rt 93	
Bristol Mills	D	Wed	7 PM	Congregational Ch Hall, 1263 Bristol Rd	
Bristol, S	D	Sat	8 AM	Union Ch Parish House, Rt 129 & Middle Rd	
Bristol, S	D	Thurs	7 PM	Union Ch Parish House, Rt 129 & Middle Rd	
Brooklin	Lit/SP	Thurs	7 PM	Baptist Church, 22 Bay Rd	
Brooks	D	Mon	8 PM	Varney Memorial Bldg,Main St, Rt 7	
Brunswick	BB/A	Mon	7 PM	Good Shepard Lutheran Ch, 330 Maine St	
Brunswick	W/A/C	Sat	8:30 AM	Good Shepard Lutheran Ch, 330 Maine St	
Brunswick	Lit/ST/A	Thurs	Noon	Berean Baptist Ch, 15 Cumberland St	
Brunswick	BB	Thurs	7 PM	Berean Baptist Ch, 15 Cumberland St	
Brunswick	D/SP	Sat	8 PM	St Paul's Episcopal Ch, 27 Pleasant St	
Brunswick	ABSI/L	Fri	Noon	Berean Baptist Ch, 15 Cumberland St	
Brunswick	ST	Wed	5:30 PM	Good Shepard Lutheran Ch, 330 Maine St	
Brunswick	B/Lit	Wed	7 PM	Addiction Resource Ctr, 66 Baribeau Dr	
Brunswick	D/Lit	Mon	Noon	Berean Baptist Ch, 15 Cumberland St	
Brunswick	D/ST	Sun	11 AM	Mid Coast Hosp,123 Medical Center Dr	
Brunswick	W/D/A/C	Wed	10:30 AM	Good Shepard Lutheran Ch, 330 Maine St	
Brunswick	SP	Mon	7 PM	St Paul's Espiscopal Ch, 27 Pleasant St	
Brunswick	D/Lit/A	Sat	Noon	First Parish Ch Vestry, 217 Main St	
Brunswick	D	Sun	11 AM	Seventh Day Adventist Ch, 333 Maine Ave	
Brunswick	ST/C	Sun	7 PM	First Parish Ch Vestry, 217 Main St	
Brunswick	D	Tues	7 PM	Berean Baptist Ch, 15 Cumberland St	
Brunswick	SP/A	Tues	8 PM	First Parish Ch Vestry, 217 Main St	
Brunswick	D/A	Mon-Fri	7 AM	St Paul's Episcopal Ch, 27 Pleasant St	
Brunswick	D	Fri	9:30 PM	Nazarene Ch, Crnr McKeen & Baribeau Dr	
Brunswick	D	Thurs	5:30 PM	United Methodist Ch, 320 Church Rd	
Bucksport	D/A	Wed	7 PM	Congregational Ch, 31 Elm St	
Bucksport	D	Sat	7 PM	Franklin Methodist Ch, 71 Franklin St	
Bucksport	ST	Sun	4:30 PM	Franklin Methodist Ch, 71 Franklin St	
Buxton	ST/A	Mon	7 PM	Bar Mill Community Ch,13 Hermit Thrush Dr	

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<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Calais	SP/A	Thurs	7:30 PM	Calais Regional Hosp Café, 22 Hospital St	
Calais	D	Wed	Noon	St Ann's Episcopal Ch, 23 Church St	
Calais	D/C	Mon	7 PM	Residence of 90 Boardman St	
Calais	BB/D/A	Fri	7 PM	United Methodist Ch, 23 Main St	
Camden	BB/ST	Sat	8:30 AM	Chestnut Baptist Ch, 29 Chestnut St	
Camden	BB	Wed	7 PM	Freedom Ctr, 633 Gardiner Road	
Camden	ST	Wed	6:30 PM	St Thomas Episcopal Ch, 33 Chestnut St	
Camden	Lit	Thurs	6:30 PM	St Thomas Episcopal Ch, 33 Chestnut St	
Camden	ABSI/BB	Tues	6:30 PM	St Thomas Episcopal Ch, 33 Chestnut St	
Camden	D/ST/BB	Mon-Sat	7 AM	Methodist Ch, 98 St John St	
Camden	B	Mon	6:30 PM	St Thomas Episcopal Ch, 33 Chestnut St	
Camden	BB	Sun/Sat	6:30 PM	St Thomas Episcopal Ch, 33 Chestnut St	
Camden	SP	Fri	7 PM	St Thomas Episcopal Ch, 33 Chestnut St	
Camden	BB	Wed	7 PM	Congregational Ch, 55 Elm St	
Canaan	D	Tues	8 PM	Elementary School, 178 Main St	
Cape Elizabeth	D/C	Wed	7 PM	St Bartholomew's Ch, 8 Two Lights Rd	
Cape Elizabeth	SP	Fri	7 PM	St Alban's Episcopal Ch, 885 Shore Rd	
Caribou	D	Mon	7:30 PM	Bethal Pentacostal Ch, 294 Access Highway	
Caribou	D	Sat	9:30 AM	Odd Fellows Soup Kitchen, Collins St	
Caribou	BB	Thurs	7 PM	Odd Fellows Soup Kitchen, Collins St	
Caribou	SP/D	Fri	7 PM	Odd Fellows Soup Kitchen, Collins St	
Carrabassett Valley	D	Sat	9 AM	Town Office/Fire House at Valley Crossing	
Carrabassett Valley	D	Sun	7:30 AM	Carrabassett Valley Comm Ctr, Access Rd	
Casco	SP/A	Sun	7 PM	Alliance Ch, Pt Sebago Rd, Rt 302	
Casco	GV/A	Mon	9 AM	Clyde Bailey Drop In Ctr, 224 Roosevelt Tr	
Casco	MED/ST/A	Sun	9 AM	Clyde Bailey Drop In Ctr, 224 Roosevelt Tr	
Casco	D/A	Mon/Thurs	7 AM	Clyde Bailey Drop In Ctr, 224 Roosevelt Tr	
Casco	ABSI/C/A	Mon	5:30 PM	Clyde Bailey Drop In Ctr, 224 Roosevelt Tr	
Casco	MED/A	Sat	9 AM	Clyde Bailey Drop In Ctr, 224 Roosevelt Tr	
Casco	D/A	Fri	9 AM	Clyde Bailey Drop In Ctr, 224 Roosevelt Tr	
Casco	ST/A	Thurs	9 AM	Clyde Bailey Drop In Ctr, 224 Roosevelt Tr	
Casco	D/A	Wed	7 PM	Clyde Bailey Drop In Ctr, 224 Roosevelt Tr	
Casco	LIT/A	Wed	9 AM	Clyde Bailey Drop In Ctr, 224 Roosevelt Tr	
Casco	M/ST/A/C	Tues	7 PM	Clyde Bailey Drop In Ctr, 224 Roosevelt Tr	
Casco	W/ST/A	Thurs	6 PM	Clyde Bailey Drop In Ctr, 224 Roosevelt Tr	
Casco	B/A	Sat	7 PM	Clyde Bailey Drop In Ctr, 224 Roosevelt Tr	
Casco	BB/A	Tues	9 AM	Clyde Bailey Drop In Ctr, 224 Roosevelt Tr	
Castine	D	Tues	7 PM	Unitarian Universalist Ch, 86 Court St	
Charleston	D/M	Wed	6:30 PM	Charleston Correctional Ctr, Rt 15	
Chebeague Island	Lit	Sat	8 AM	Methodist Ch, 258 North Rd	
Chester	ABSI	Tues	7 PM	Chester Baptist Ch, 2 South Chester Rd	
China	D	Sat	8 AM	China Baptist Ch, 36 Causeway Rd	
Clinton	D	Fri	8 PM	Town Hall, 21 Baker St	
Columbia Falls	BB/A	Thurs	7 PM	Faith Methodist Ch, 444 US Rt 1	
Columbia Falls	D/A	Wed	7 PM	Faith Methodist Ch, 444 US Rt 1	
Coopers Mills	D/BB	Sun	7 PM	Sheepscot Valley Hlth Ctr, 47 Main St	
Corinna	D/A	Thurs	7 PM	Morse's Corner Baptist Ch, Exeter Rd	
Cornish	Lit	Mon	6 PM	Café 22, 22 Main St	
Cumberland	SP/D	Tues	7 PM	United Methodist Ch, 52 Tuttle Rd	
Cumberland	ABSI	Sat	8:30 AM	United Methodist Ch, 52 Tuttle Rd	
Damariscotta	SP/A	Wed	6:30 PM	Baptist Church, 4 Bristol Rd	
Damariscotta	SP/D	Sat	8 PM	Baptist Church, 4 Bristol Rd	
Dedham	D/A	Mon	7 PM	Dedham Town Hall, 2073 Main Rd	

AA

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Deer Isle	D/A	Mon	7 PM	Town Hall, Route 15	
Denmark	D/Lit	Thurs	7 PM	Congregational Ch, 70 East Main St	
Dennysville	D	Sat	6 PM	Dennysville Housing ,200 Shipyard Rd	
Dexter	D	Tues	7 PM	First Free Baptist Ch, 130 Spring St	
Dixfield	D/C	Fri	7 PM	Dirigo High School, 145 Weld St	
Dover Foxcroft	D	Sun	11 AM	Thompson Free Library, 76 East Main St	
Dover Foxcroft	D/ST	Fri	7 PM	Living Word Assembly of God, 176 Main St	
Dover-Foxcroft	D	Wed	7 PM	Mayo Regional Hosp, 43 Dwelley St	
Eagle Lake	D	Sun	7 PM	Knights of Columbus, 3538 Main St	
Eastport	D	Mon	7:30 PM	St Joseph Parish Hall, 11 Chapel St	
Eastport	BB	Thurs	7:30 PM	Eastport Health Ctr, 30 Boynton Rd	
Eddington	B/C	Thurs	7 PM	United Methodist Ch, 31 Main Rd, Rt 9	
Edmondston NB	D/C	Mon	8 PM	12 Step Center, 15 Costello St Canada	
Edmundston NB	ST	Wed	8 PM	12 Step Center, 15 Costello St Canada	
Edmundston NB	D	Sun	10:30 AM	12 Step Center, 15 Costello St Canada	
Edmundston NB	SP	Fri	8 PM	Notre Dame des Septs Ch, Victoria St	
Edmundston NB	SP	Sat	8:30 PM	Golden Age Club Basement, 15 Irene St	
Ellsworth	ST	Tues	8 PM	Congregational Ch, State St, Rt 179	
Ellsworth	D	Thurs	7 PM	Congregational Ch, State St, Rt 179	
Ellsworth	W/D	Tues	5:30 PM	Your Place, 8 Old Mill Rd	
Ellsworth	D/BB/ST	Tues	6 PM	Hancock County Jail, 50 State St	
Ellsworth	SP	Mon	7 PM	Congregational Ch, State St, Rt 179	
Ellsworth	ST	Mon	6:30 PM	ME Coastal Hosp, Conf Rm, 50 Union St	
Ellsworth	GV/D	Fri	6:30 PM	Unitarian Universalist Ch,121 Bucksport R	
Ellsworth	W/ST	Sat	10 AM	St Joseph's Catholic Ch, 231 Main St	
Ellsworth	D	Sat	6 PM	Your Place, 8 Old Mill Rd	
Ellsworth	D	Daily	Noon	Your Place, 8 Old Mill Rd	
Ellsworth	SP	Wed	5:30 PM	Your Place, 8 Old Mill Rd	
Ellsworth	D	Sun	6 PM	Congregational Ch, State St, Rt 179	
Fairfield	D	Sat	7:30 PM	United Methodist Ch, 33 Skowhegan Rd	
Fairfield	B/D	Sun	7 PM	First Baptist Ch, 12 Newhall St	
Fairfield	D	Mon	7 PM	United Methodist Ch, 33 Skowhegan Rd	
Falmouth	SP	Tues	7 PM	St Mary's Episcopal Ch, 43 Foreside Rd	
Falmouth	SP/D	Tues	8 PM	Foreside Community Ch, 340 Foreside Rd	
Farmington	ST/A	Mon	7 PM	U of ME, Roberts Learning Ctr, Rm 105	
Farmington	M/ST/C/A	Thurs	7 PM	Franklin Memorial Hosp, 111 Health Common	
Farmington	D/A	Sun	7 PM	Franklin Memorial Hosp, Board Rm	
Farmington	D	Wed	7:30 PM	Henderson Baptist Ch, 110 Academy St	
Farmington	D/C/A	Fri	7 PM	Franklin Memorial Hosp, Board Rm	
Farmington	D	Tues	Noon	Trinity Methodist Ch,612 Farmington Falls	
Farmington	ST	Fri	Noon	United Methodist Ch, 612 Farmington Falls	
Fort Fairfield	Lit/C	Mon	5 PM	United Parish Ch, 4 Church St	
Fort Fairfield	D/W/C	Fri	5 PM	United Parish Ch, 4 Church St	
Fort Fairfield	D	Tues	7 PM	St Paul's Episcopal Ch, 66 Lower Main St	
Fort Kent	D	Fri	7 PM	Forest Hill Manor, 25 Bolduc Ave	
Fort Kent	D/C	Tues	7 PM	Forest Hill Manor, 25 Bolduc Ave	
Freeport	ST	Wed	7:30 PM	First Parish Congregational Ch,40 Main St	
Freeport	SP/D	Wed	12:15 PM	First Parish Congregational Ch,40 Main St	
Frye Island	D/C	Sun	11 AM	Frye Island Chapel	
Fryeburg	B/Lit	Wed	6:30 PM	Fryeburg Academy, Main St, Science Wing	
Fryeburg	D	Sun	9 AM	Fryeburg Academy, Main St, Science Wing	
Fryeburg	W/ST/C	Tues	5:30 PM	St Elizabeth Catholic Ch, Rt 5	
Fryeburg	M/ST/C	Tues	7:30 PM	Dearborn Precision, 80 Portland St	

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<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Fryeburg	ABSI/D	Mon	6:30 PM	Fryeburg Academy, Main St, Science Wing	
Fryeburg	D	Sat	Noon	American Legion Hall, Bradley St	
Gardiner	D	Sun	7 PM	United Methodist Ch, 31 Highland Ave	
Gardiner	BB/D/ST	Tues	7 PM	United Methodist Ch, 31 Highland Ave	
Georgetown	BB/A	Tues	7 PM	Community Ctr, 19 Old Schoolhouse Rd	
Gorham	D	Fri	7:30 PM	United Methodist Ch, Cressy Rd, Rt 25	
Gouldsboro	ABSI/ST	Sun	6 PM	Gouldsboro Firehouse, Rt 1	
Grand Falls NB	D	Sun	9 AM	Hill Top Hotel, 131 Madawaska Rd	
Grand Falls NB	SP	Fri	8 PM	Knights of Columbus Hall, Front St	
Gray	D	Mon	10:30 AM	St Gregory's Ch, Rt 26, North Raymond Rd	
Gray	W/BB	Tues	7 PM	St Gregory's Ch, Rt 26, North Raymond Rd	
Gray	SP	Thurs	8 PM	St Gregory's Ch, Rt 26, North Raymond Rd	
Greenville	D	Fri	7 PM	Union Evengelist Ch, 114 South Main St	
Greenville	ST	Wed	7 PM	Union Evangelist Ch, 114 South Main St	
Guilford	D	Sat	7 PM	Guilford Methodist Ch, 3 School St	
Hallowell	D/A	Tues	7 PM	St Mathew's Ch, 18 Union St	
Hallowell	ST/D/A	Sat	9 AM	St Mathews Ch, 18 Union St	
Hallowell	BB/Lit/A	Thurs	Noon	St Mathew's Hall, 18 Union St	
Hallowell	M/D/A	Fri	Noon	St Mathew's Hall, 18 Union St	
Hallowell	ABSI/A	Tues	Noon	St Mathew's Ch, 18 Union St	
Hallowell	ST/C/A	Wed	Noon	St Mathew's Ch, 18 Union St	
Hallowell	Lit/A	Thurs	6 PM	St Mathews Ch, 18 Union St	
Hallowell	D/A	Mon	Noon	St Mathews Ch, 18 Union St	
Hallowell	W/D	Fri	Noon	Cox Memorial Ch, 33 Central St	
Hampden	D	Sun	5 PM	Kiwanis Club, Main St	
Hampden	SP	Tues	8 PM	Methodist Ch, 44 Kennebec Rd	
Hampden	D	Sat	7:30 PM	Church of the Open Door, 270 N Main St	
Hampden	ST/C	Mon	8 PM	St Mathew's Episcopal Ch, 70 Western Ave	
Hampden	ABSI	Fri	6 PM	Kiwanis Club, Main St	
Hancock	D	Sun	10 AM	Hancock Community Ctr, 1461 Rt 1	
Hancock	D	Wed	7 PM	Hancock Community Ctr, 1461 Rt 1	
Harrison	ABSI	Sun	6:30 PM	United Parish of Harrison, 77 Main St	
Hartland	D	Sun	7 PM	Grace Lynn Methodist Ch, 8 Seekins St	
Hollis	D	Tues	7 PM	Salmon Falls Library, 28 Salmon Falls Rd	
Houlton	D	Fri	8 PM	Sadie's Bakery, 2nd Floor, 5 Water St	
Houlton	D	Tues	7:30 PM	Unitarian Church, 61 Military St	
Houlton	SP	Thurs	7:30 PM	Church of the Good Shepard, 116 Main St	
Houlton	D	Wed/Sat	Noon	Residence of 116, Main St	
Indian Island	D	Fri	8 PM	St Ann's Parish Hall, 6 Down St	
Jackman	D/BB	Tues	7 PM	Jackman Public Library, 604 Main St	
Kennebunk	ST/C	Mon-Sat	7:15 AM	First Parish Unitarian Ch, 114 Main St	
Kennebunk	M/C/D/A	Tues/Thurs	7 AM	American Legion Hall, 15 Water St	
Kennebunk	W/D/A/C	Sun	10 AM	American Legion Hall, 15 Water St	
Kennebunk	M/C/D/A	Sun	8 AM	American Legion Hall, 15 Water St	
Kennebunk	D/Lit	Sun	7 PM	St David's Episcopal Ch, 138 York St	
Kennebunk	SP/A	Mon	7:30 PM	First Parish Unitarian Ch, 114 Main St	
Kennebunk	BB/ST	Fri	6:30 PM	First Parish Unitarian Ch, 114 Main St	
Kennebunk	D	T/W/Th	7 PM	St David's Episcopal Ch, 138 York St	
Kennebunk	ST/A/C	Sat	7:30 PM	St David's Episcopal Ch, 138 York St	
Kennebunk	W/D/C	Fri	10 AM	St David's Episcopal Ch, 138 York St	
Kennebunkport	ABSI	Wed	8 PM	Community House, Temple St	
Kents Hill	B	Thurs	7 PM	United Methodist Ch, 1564 Main St	
Kezar Falls	BB	Wed	7 PM	Fire Station, River St	

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<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Kezar Falls	ST	Tues	7:30 PM	Riverside Methodist Ch, 5 School St	
Kingfield	D	Wed	7:30 PM	Webster Hall, School St	
Kittery	SP/C/A	Sun	7:30 PM	Lion's Club, Rt 1, 117 State Rd	
Kittery	D	Sat	7 PM	Youth Connection Ctr, 10 Shapleigh Rd	
Kittery	BB/D/A	Wed	7 PM	St Raphael's Ch, Government St	
Kittery	BB/D	Mon-Fri	7:30 AM	Lion's Club, Rt 1, 117 State Rd	
Kittery	SP/A	Sat	9 AM	St Raphael's Ch, Government St	
Kittery Pt	D	Sun	4:30 PM	First Congregational Ch, 23 Pepperel Rd	
Levant	ST/C	Tues	8 PM	Harvest Chapel, 3531 Union St	
Lewiston	SP/D	Sat	8:15 PM	St Mary's Reg Med Ctr, 99 Campus Ave	
Lewiston	M/D	Tues	6:30 PM	Calvary Methodist Ch, 59 Sabattus St	
Lewiston	SP	Sun	7 PM	Lewiston Baptist Ch, 1919 Lisbon Rd	
Lewiston	BB	Tues	7 PM	St Mary's Reg Med Ctr, 99 Campus Ave	
Lewiston	B/A	Sun	9:30 AM	12 Hour Club, 675 Main St, Ste 12	
Lewiston	SP/A	Sat	7 PM	Holy Family Ch Parish Ctr, 607 Sabbatus St	
Lewiston	D/BB/ST/A	Mon-Sat	Noon	12 Hour Club, 675 Main St, Ste 12	
Lewiston	SP	Fri	7 PM	Trinity Episcopal Ch, 247 Bates St	
Lewiston	ST/D/A	Mon	7 PM	Salvation Army, 67 Park St	
Limerick	D	Mon-Fri	Noon	Scout Hall, 7 School St	
Limerick	D	Sat	8 PM	Faith Christian Ch, Rt 11	
Lincoln	BB/D	Mon	Noon	American Legion Hall, 3 Fleming St	
Lincoln	ST	Fri	7 PM	Penobscot Valley Hosp, Transalpine Rd	
Lincoln	D	Wed	8 PM	First Congregational Ch, 19 School St	
Lincoln	D	Sat	8 PM	American Legion Hall, 3 Fleming St	
Lincolnton Ctr	D/B	Fri	12:15 PM	United Christian Ch, 18 Searsmont Rd	
Lincolnton Ctr	ST/C/A	Wed	6 PM	United Christian Ch, 18 Searsmont Rd	
Lincolnton Ctr	D/A	Tues	12:15 PM	United Christian Ch, 18 Searsmont Rd	
Lincolnton Ctr	B/A	Sun	6 PM	United Christian Ch, 18 Searsmont Rd	
Lisbon Falls	BB/A	Tues	7 PM	St Mathew's Episcopal Ch, 496 Lisbon St	
Livermore	D/Lit	Fri	7:30 PM	N Livermore Baptist Ch, 555 Federal Rd	
Lovell	BB/D/Lit/A	Thurs	7 PM	United Ch of Christ, 1174 Main St, Rt 5	
Lubec	BB/D/A	Thurs	7 PM	Regional Medical Ctr, 43 S Lubec Rd	
Machais	D	Fri	7:30 PM	Community Ch of Christ, North St	
Machias	D/Lit	Mon	7:30 PM	Congregational Ch, Center St	
Machias	D	Tues	7:30 PM	St Aiden's Episcopal Ch, 36 Hill St	
Machias	W/D	Sat	10 AM	St Aiden's Episcopal Ch, 36 Hill St	
Machias	D	Sun	7:30 PM	Community Ch of Christ, North St	
Madawaska	BB/C/D	Sat	9:30 AM	St John Valley Assoc, 291 Newberry Dr	
Madawaska	SP	Tues	7 PM	St John Valley Assoc, 291 Newberry Dr	
Madison	M/D	Wed	7 PM	Somerset Cty Jail, 131 East Madison Rd	
Madison	D	Tues	7:30 PM	St Sebastian School, Pleasant St	
Madison	W/D	Wed	6:30 PM	Somerset Cty Jail, 131 East Madison Rd	
Madrid	BB/A	Fri	7 PM	Historical Society, Rt 4 (Summer Only)	
Manchester	D	Mon	7 PM	Manchester Lions Club, Route 17	
Mexico	W/ST/C/A	Wed	Noon	Green Congregational Ch, Main St, Rt 2	
Mexico	D/C	Mon	7 PM	Mexico Congregational Ch, 163 Main St	
Milbridge	D	Mon	7 PM	Congregational Ch, 10 Bridge St	
Millinocket	D/A	Tues	8 AM	First Congregational Ch, 11 Maple St	
Millinocket	D/ST/BB	Mon-Sat	Noon	St Andrew Episcopal Ch, 40 Highland Ave	
Millinocket	D/C	Mon	7 PM	Congregational Ch, 274 Katahdin Drive	
Millinocket	D/A	Fri	7 PM	St Andrew Episcopal Ch, 40 Highland Ave	
Millinocket	SP/D/A	Sun	7 PM	Congregational Ch, 11 Maple St	
Millinocket	SP/A	Thurs	7 PM	Millinocket Reg Hosp, 200 Somerset St	

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<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Milo	D	Mon	7 PM	Milo Methodist Ch, 15 Park St	
Monhegan Island	D	Sun/Thurs	7:30 PM	Library, 1 Main St	
Monson	Lit	Sun	7 PM	Community Ch, 19 Greenville Rd	
NE Harbor	D	Sat	9:30 AM	St Mary's Parish Hall, 5 Kimball Rd	
New Denmark, NB	D	Tues	8 PM	Bethany Lutheran Ch Foley Brook Rd Canada	
New Portland	ST/C/A	Sat	7 PM	W New Portland Community Ch, Rt 146	
New Sharon	BB	Tues	7 PM	United Methadist Ch,18 Starks Rd	
Newcastle	D	Sun	7 PM	St Andrew's Ch, 11 Glidden St	
Newcastle	D	Tues	6:30 PM	Second Congregational Ch, 51 Main St	
Newcastle	D	Fri	6 PM	Second Congregational Ch, 51 Main St	
Newcastle	BB	Thurs	9:30 AM	St Andrew's Ch, 11 Glidden St	
Newcastle	ST	Tues	9:30 AM	St Andrew's Ch, 11 Glidden St	
Newcastle	Med	Mon	6 PM	St Andrew's Ch, 11 Glidden St	
Newcastle	D/C	Fri	9 AM	Second Congregational Ch, 51 Main St	
Newfield W	ST/A	Wed	7 PM	United Church of Christ, Maplewood Rd	
Newfield W	D/A	Sun	7 PM	United Church of Christ, Maplewood Rd	
Newport	D/M/C	Wed	7 PM	United Methodist Ch, 131 Main St	
Newport	D/A	Mon	7 PM	United Methodist Ch, 131 Main St	
Newport	D/W/C	Wed	7 PM	United Methodist Ch, 131 Main St	
North Haven Island	BB/C/A	Sun	6:30 PM	Baptist Church (Take Rockland Ferry)	
North Haven Island	D	Fri	7:30 PM	Islander,Take Rockland Ferry(Summer Only)	
North Haven Island	D/C	Wed	7:30 PM	Baptist Church (Take Rockland Ferry)	
Norway	D	Thurs	8 PM	Christ Episcopal Ch, 35 Paris St	
Norway	SP	Mon	7 PM	Second Congregational Ch, 201 Main St	
Norway	D/C	Wed	8 PM	Weary Club Bldg, 385 Main St	
Norway	D/A	Sat	10 AM	Universalist Unitarian Ch, 479 Main St	
Norway	BB/A	Tues	6:30 PM	Stephen's Mem Hosp, 181 Main St,Boardrm	
Norway	B/D/A	Fri	6:30 PM	Stephen's Mem Hosp, 181 Main St	
Norway	D/C	Sun	8:30 AM	Weary Club Bldg, 385 Main St	
Norway	B/ST/BB	Mon-Fri	8 AM	Universalist Unitarian Ch, 479 Main St	
Ogunquit	BB/C	Wed	7 PM	Baptist Ch, 157 Shore Rd	
Ogunquit	D/Tag	Fri	5:30 PM	Ogunquit Chamber of Commerce, 36 US Rt 1	
Ogunquit	SP/A	Sun	7 PM	Dunaway Ctr, Town Hall, 23 School St	
Ogunquit	D/BB/ST	M/W/F	9 AM	Baptist Church, 157 Shore Rd	
Old Orchard Beach	BB/A	Sun	7 PM	United Methodist Ch, Washington Ave	
Old Orchard Beach	ST	Thurs	6:30 PM	Milestone, 28 Portland St	
Old Orchard Beach	B/D/A	Sat	6:30 PM	United Methodist Ch, Washington Ave	
Old Orchard Beach	ST	Mon	7 PM	United Methodist Ch, Washington Ave	
Old Town	D/A	Sat	8 PM	United Methodist Ch, 744 Stillwater Ave	
Old Town	ABSI/A	Sun	7 PM	St James Episcopal Ch, 149 Center St	
Orland	D/A	Mon	7:30 PM	Methodist Ch, Narramissic Dr	
Orono	D/A	Tues	8 PM	C.M. Parker Senior Ctr, Birch St	
Orrington	D/A	Fri	6 PM	E Congregational Ch, 38 Johnson Mills Rd	
Orrs Island	BB	Thurs	7 PM	Faith Methodist Ch, 1739 Harpswell Rd	
Paris S	ABSI	Fri	8 PM	First Congregational Ch, 17 East Main St	
Paris S	ST	Sun	7 PM	Deering Methodist Ch, 39 Main St	
Paris S	W/D/BB	Tues/Thurs	8 AM	Trinity Lutheran Ch, 34 Buckfield Rd	
Paris W	D	Sat	7:30 PM	First Universalist Ch, 200 Main St	
Parkman	B/BB	Thurs	6:30 PM	Parkman Town Hall, 771 Route 150	
Peaks Island	D/SP	Wed	6:30 PM	The Rectory	
Pembroke	D	Sun	7:30 PM	Grace Chapel, Leighton Point Rd	
Penobscot	BB	Thurs	7 PM	United Methodist Ch, Rt 176	
Penobscot	BB	Sat	9:30 AM	St Mathew's Ch, 70 Western Ave	

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<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Perth Andover	W/D	Fri	6 PM	Perth Andover Hospital, 10 Woodland Hill	
Pittsfield	D	Sat	7 PM	United Methodist Ch,33 Skowhegan Rd	
Pittsfield	BB/A	Tues	6 PM	First Congregational Ch,132 Somerset Ave	
Pittsfield	D	Thurs	7 PM	First Congregational Ch, 132 Somerset Ave	
Plaster Rock, NB	D	Sat	8 PM	United Ch of Canada, 50 Riverside Dr	
Pleasant Point	D	Tues	7:30 PM	Drop In Center, Back Rd	
Poland	D	Tues	8 PM	Poland Community Ch, 1212 Maine St	
Port Clyde	ST	Mon	7:30 PM	Church across from Post Office	
Porter	BB	Wed	7 PM	Kezar Falls Fire Station, 47 River St	
Portland	W/ST	Mon	12:15 PM	First Parish Unitarian Ch,425 Congress St	
Portland	SP/B/D/A	Sat	10:30 AM	Sahara Club, 135 Washington Ave	
Portland	B/D/A	Tues	6 PM	Sahara Club, 135 Washington Ave	
Portland	SP	Fri	8 PM	Ch of the Holy Spirit, 1047 Congress St	
Portland	SP/D/A	Thurs	7 PM	First Baptist Ch, 360 Canco Rd	
Portland	D/A	Tues	7 PM	Brighton Med Ctr, Rm 3, 335 Brighton Ave	
Portland	ST/W/C/A	Thurs	5 PM	Sahara Club, 135 Washington Ave	
Portland	SP/D/A	Sat	7 PM	Sahara Club, 135 Washington Ave	
Portland	D/ST	Mon-Fri	7:30 AM	Sacred Heart Ch, 80 Sherman St	
Portland	D/A	Mon-Fri	12:15 PM	Sahara Club, 135 Washington Ave	
Portland	G/Lit/M	Fri	6:30 PM	St Luke's Cathedral, 143 Park St Entrance	
Portland	Tag/A	Sat	9 AM	Sahara Club, 135 Washington Ave	
Portland	D/A	Fri	7:30 PM	Sahara Club, 135 Washington Ave	
Portland	D	Sat	8 AM	St Luke's Cathedral, 143 Park St Entrance	
Portland	BB	Mon/Thurs	Noon	St Pius Catholic Ch, 492 Ocean Ave	
Portland	W/D/C	Tues	5:30 PM	Elm Terrace, 68 High St	
Portland	SP	Wed	7:30 PM	St Louis Catholic Ch, 279 Danforth St	
Portland	M/BB/ST	Sun	9 AM	Mercy Hosp,144 State St, B2 Auditorium	
Portland	SP/A	Sun	7 PM	Washington Gardens Ctr, 66 Pembroke St	
Portland	SP/A	Sun	11 AM	Washington Gardens Ctr, 66 Pembroke St	
Portland	W/ST	Mon	7 PM	The New Church, 302 Stevens Ave	
Portland	ST/C/A	Mon	7:30 PM	Trinity Episcopal Ch, 113 Coyle St	
Portland	D/A	Mon	6:30 PM	Universalist Ch, 524 Allen Ave	
Portland	ABSI/W	Thurs	7 AM	Elm Terrace, 68 High St	
Portland	D/Lit/B	Mon-Sat	7 AM	First Parish Unitarian Ch,425 Congress St	
Portland	SP/D	Sat	7 PM	YMCA, 70 Forest Ave	
Portland	GLBTQ	Sun	6:30 PM	MMC, Dana Ctr, 22 Bramhall St, 2nd Floor	
Portland	ST	Sat	2 PM	Portland Recovery Ctr, 468 Forest Ave	
Portland	SP	Mon	8 PM	St Peter's Ch, 72 Federal St	
Portland	BB/ST	Tues	7:30 PM	St Ansgar Ch, 515 Woodford St	
Portland	D/A	Fri	8 PM	MMC, Dana Ctr, 22 Bramhall St, Rm 7	
Portland	M/ST/C	Fri	7 PM	St Paul's Ch, 279 Congress St	
Portland	BB	Tues	5:15 PM	Portland Recovery Ctr, 468 Forest Ave	
Portland	SP/C/A	Tues/Thurs	7 PM	MMC, Dana Ctr, 22 Bramhall St	
Portland	SP	Fri	6:30 PM	Chapel behind Ed's Car Care,842 Riverside	
Portland	B	Wed	6:30 PM	Washington Gardens Ctr, 66 Pembroke St	
Portland	SP	Tues	8 PM	Serenity House, 30 Mellen St	
Portland	BB/D/A	Wed	7 PM	Sahara Club, 135 Washington Ave	
Portland	BB	Sun	6 PM	Sahara Club, 13 Washington Ave	
Portland	BB/C	Sat	6:30 PM	ME Jewish Museum, 267 Congress St	
Portland	ST	Sun	8 AM	Irish Heritage Ctr, 34 Gray St	
Portland	ABSI/C	Sat	8:30 AM	175 State St (use Gray St entrance)	
Portland	B/D	Mon	6:30 PM	Old St Paul's Ch, 279 Congress St	
Portland	SP	Wed	7 PM	Woodfords Congr Ch, 202 Woodford St	

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<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Portland	SP/D/A	Fri	5:30 PM	Sahara Club, 135 Washington Ave	
Portland	BB/W/C	Sun	5:30 PM	Portland New Ch, 302 Stevens Ave	
Portland	B/D/A	Thurs	6:30 PM	Sahara Club, 135 Washington Ave	
Portland	D/A	Thurs	7 PM	Clark Methodist Ch, 15 Pleasant Ave	
Portland	BB/W	Thurs	6:30 PM	Clark Methodist Ch, 15 Pleasant Ave	
Portland	D/A	Sun	7:30 PM	St Louis Catholic Ch, 279 Danforth St	
Portland	D	Mon	6:30 PM	Portland Recovery Ctr, 468 Forest Ave	
Portland	ST/CC/ASL	Wed	7 PM	Clark Methodist Ch, 15 Pleasant Ave	Interpreted Meeting
Portland	D	Thurs	7:30 PM	Cumberland Cty Jail PreRelease, 36 County	
Portland	B/D/A	Tues	6:15 PM	MMC, Dana Ctr, 22 Bramhall St	
Portland	M/D/C	Mon-Fri	Noon	First Parish Unitarian Ch, 425 Congress St	
Portland	SP/A	Fri	7 PM	Woodfords Congr Ch, 202 Woodford St	
Portland	D	Sat	7:30 PM	St Luke's Cathedral, 143 Park St Entrance	
Portland	ST	Fri	6 PM	Stroudwater Baptist Ch, 1729 Congress St	
Portland	SP/D	Mon-Fri	8 AM	Old St Paul's Ch, 279 Congress St	
Portland	D/A	Mon	5:30 PM	MMC, Dana Ctr, 22 Bramhall St	
Portland	D/C	Mon	7:30 PM	Cumberland Cty Jail, 50 County Way	
Portland	BB	Tues	5:30 PM	St Luke's Cathedral, 143 Park St Entrance	
Portland	BB/D	Wed	7 PM	Hope Gateway, 185 High St	
Portland S	D	Wed	8 PM	So ME Comm College, Jewett Hall, Rm 109	
Portland S	ST	Sun	6:30 PM	People's United Methodist Ch, 310 Broadway	
Portland S	D	Mon	7:30 PM	Methodist Ch, 168 Elm St	
Portland S	SP	Sun	7 PM	Methodist Ch, 168 Elm St	
Portland S	D	Fri	6:30 PM	Ch of the Nazarene, 525 Highland Ave	
Portland S	D	Tues	7:30 PM	Methodist Ch, 168 Elm St	
Portland S	M/ST/C	Thurs	7:30 PM	Methodist Ch, 168 Elm St	
Portland S	D	Sat	2 PM	Congregational Ch, 301 Cottage St	
Presque Isle	D	Wed/Sat	7 PM	St John's Episcopal Ch, 52 Second St	
Princeton	SP/D	Tues	7:30 PM	Elderly Meal Center, Rt 1	
Princeton	SP/D/A	Sat	7 PM	Elderly Meal Center, Rt 1	
Randolph	D	Fri	7:30 PM	Methodist Ch, 16 Ashbury St	
Rangeley	ST/C	Sat	7 PM	Congregational Ch, 2 High St	
Rangeley	D	Tues	7 PM	Good Shepard Ch, 2614 Main St	
Raymond	BB	Fri	7 PM	Raymond Village Ch, 27 Main St	
Richmond	ST/Lit	Sat	8:30 AM	Richmond Methodist Ch, 121 Pleasant St	
Richmond	ABSI/Lit	Fri	Noon	Richmond Methodist Ch, 121 Pleasant St	
Richmond	D	Sun	7 PM	Shepard of Faith Ministries, 124 Main St	
Richmond	BB/Lit	Mon	Noon	Richmond Methodist Ch, 121 Pleasant St	
Robinston	ST	Wed	7 PM	Robinston Elementary Sch, 904 U.S. Rt1	
Rockland	ST/C	Sun	10:30 AM	Knox Center, Rockland Rm, 6 White St	
Rockland	D	Mon-Sat	12:15 PM	Congregational Ch, 180 Limerock St	
Rockland	D/C	Wed	7 PM	Knox County Jail, Upper Park St	
Rockland	D	Sat	7 PM	St Peter's Episcopal Ch, 11 White St	
Rockland	D/B	Thurs	6:30 PM	St Peter's Episcopal Ch, 11 White St	
Rockland	D/A	Tues	7 PM	St Bernard's Church, 150 Broadway	
Rockland	D/BB/W	Fri	6:30 PM	Recreational Ctr, 61 Limerock St	
Rockland	W/D/C	Sat	8:30 AM	Unitarian Universalist Ch, 345 Broadway St	
Rockland	D	Sun	7 PM	First Universalist Ch, 345 Broadway St	
Rockport	M/D/C	Mon	7 PM	Lutheran Ch, 179 Old County Rd	
Rockport	ST/C	Tues	10:30 AM	Navitivity Lutheran Ch, 170 Old County Rd	
Rockport	D	Sun	10:30 AM	Pen Bay Physician Bldg, Glen Cove Drive	
Rumford	BB	Sun	7 PM	United Methodist Ch, 455 Linnell St	

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<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Rumford	D/C	Sat	7 PM	Parish of the Holy Savior, 126 Maine Ave	
Rumford	SP/D/C	Tues/Thurs	7 PM	United Methodist Ch, 455 Linnell St	
Saco	SP/D/A	Sat	6 PM	Oasis Club, 63 School St	
Saco	BB/ST	Mon	7 PM	Trinity Episcopal Ch, 15 Cleaveland St	
Saco	SP/A	Fri	7:30 PM	Oasis Club, 63 School St	
Saco	SP/A	Wed	7 PM	Oasis Club, 63 School St	
Saco	W/ST/C/A	Thurs	6:30 PM	First Parish Congregationa Ch, 12 Beach St	
Saco	B/BB/ST/A	Tues	7 PM	Trinity Episcopal Ch, 15 Cleaveland St	
Saco	MED/A	Sun	5 PM	First Parish Congreg Ch, 12 Beach St	
Saco	M/D/A/C	Sun	9 AM	Oasis Club, 63 School St	
Saco	D/A	Sun	7 PM	Oasis Club, 63 School St	
Saco	ST/BB/W	Tues	10 AM	Oasis Club, 63 School St	
Saco	B/D/A	Thurs	7 PM	Oasis Club, 63 School St	
Saco	W/ST/C	Thurs	6 PM	Trinity Episcopal Ch, 15 Cleaveland St	
Saco	D	Sun	9 AM	Saco Elks Lodge, 68 Ocean Park Rd	
Saco	ABSI	Sun	10:30 AM	Oasis Club, 63 School St	
Saco	SP/D/A	Tues	7 PM	Oasis Club, 63 School St	
Saco	D/SP	Mon-Fri	Noon	Oasis Club, 63 School St	
Salisbury Cove	D	Thurs	7 PM	Eden Baptist Ch, Old Bar Harbor Rd	
Sanford	ABSI/SP	Tues	Noon	St George's Episcopal Ch, 3 Emerson St	
Sanford	ST/SP/A	Mon/Wed	6:30 PM	St George's Episcopal Ch, 3 Emerson St	
Sanford	D	Daily	Noon	Holy Family Ch Basement, 66 North Ave	
Sanford	SP	Sat	10 AM	Unitarian Ch, 5 Lebonon St	
Sanford	BB	Thurs	7 PM	St George's Episcopal Ch, 3 Emerson St	
Sanford	ST/W	Fri	10 AM	St George's Episcopal Ch, 3 Emerson St	
Sanford	Lit/D	Mon	Noon	St George's Episcopal Ch, 3 Emerson St	
Sanford	SP/D/A	Tues/Thurs	6 PM	Holy Family Ch Basement, 66 North Ave	
Sangerville	D/W	Tues	5:30 PM	Unitarian Universalist Ch, Church St	
Scarborough	D/A/C	Thurs	7 PM	Scarborough Methodist Ch, Church St	
Scarborough	W/D/C	Mon	5:30 PM	St Nicholas Episcopal Ch, 350 US Rt 1	
Scarborough	B/SP/D	Fri	5:30 PM	MMC, Human Resource, 100 Campus Dr	
Scarborough	W/Lit	Sat	8:30 AM	St Nicholas Episcopal Ch, 350 US Rt 1	
Searsport	D	Sun	7 PM	1st Congregational Ch, 7 Knox Brothers Av	
Searsport	D	Sat	6:30 PM	1st Congregational Ch, 7 Knox Brothers Av	
Sebago	SP/D	Mon	7 PM	Church of the Nazarene, Rt 114	
Sedgwick	D	Sun	10 AM	Sedgwick Town Hall, Rt 172	
Sedgwick	W/D/C	Wed	6 PM	Sedgwick School, Rt 15	
Shapleigh	SP	Sun	9 AM	Town Office, 22 Back Road	
Sidney	SP/D/A	Thurs	7:30 PM	ME General Men Recovery, 2093 Belgrade Rd	
Sidney	M/D	Fri	Noon	ME General Men Recovery, 2093 Belgrade Rd	
Skowhegan	D/Lit	Wed	8 PM	Notre Dame De Lourdes, 273 Water St	
Skowhegan	SP/D	Fri	7 PM	Federated Ch, 12 Island Avenue	
Skowhegan	ST/A	Sat	10 AM	Reddington Fairview Hosp, Conf Rm C	
Skowhegan	BB/ST	Mon	10 AM	Methodist Ch, 103 Dr Mann Rd, Rt 4	
Skowhegan	D/B	Thurs	10 AM	Notre Dame De Lourdes, 273 Water St	
Skowhegan	BB	Thurs	7 PM	Federated Ch, 12 Island Avenue	
Skowhegan	D	Sun	4 PM	Federated Ch, 12 Island Avenue	
Skowhegan	ST	Mon	7 PM	All Saints Episcopal Ch, Malbon Mills Rd	
Skowhegan	W/D	Tues	11 AM	Federated Ch, 12 Island Avenue	
Somesville	D	Wed	7:30 PM	Union Meeting Parish Hall, Main St	
Springvale	D	Tues	8 PM	Baptist Church, 429 Main St	
St Andrew's	D	Fri	8 AM	Anglican Ch Hall, 75 King St	
St Quentin	D/C	Wed	8 PM	Montcalm Theater, 198 Canada Rd	

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<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
St Stephen NB	D/C	Wed	7 PM	Satellite Serenity Club, Mark St	
St Stephen NB	SP	Sun	7 PM	Kirk McCall Ch, King St	
Standish	D/M	Thurs	7 PM	Standish Congregational Ch,25 Oak Hill Rd	
Stockholm	D	Sat	7:30 PM	Trinity Lutheran Ch, 8 Donworth St	
Stockton Springs	Lit/D	Fri	6:30 PM	Town Office, Main St	
Stonington	D	Sat	7 PM	Community Ctr, 2 Pasture Rd	
Stratton	ST/C	Mon	7 PM	St John's Catholic Ch,50 Main St	
Sullivan	BB	Thurs	6 PM	Sullivan Baptist Ch, 34 Harbor View Drive	
Sullivan	D	Fri	6 PM	Sullivan Recreational Ctr, Rt 1	
SW Harbor	D	Thurs	7 PM	Congregational Ch, High Rd	
SW Harbor	D/SP	Sun	7 PM	St John Episcopal Ch, 319 Main St	
Swan's Island	D	Wed	7 PM	Library	
Swan's Island	D/BB/A	Thurs	7 PM	Swan Island Medical Ctr, Minturn Rd	
Tenants Hbr	D	Tues	7 PM	American Legion Hall, Rt 131	
Thomaston	ST	Wed	7 PM	St John's Episcopal Ch, 200 Main St	
Thomaston	D/A	Mon-Fri	7 AM	St John Episcopal Ch, 200 Main St	
Thomaston	B/ST/A	Mon/Thurs	7 PM	St John the Baptist Ch, 112 Main St	
Tobique NB	D	Fri	7:30 PM	Tobique Rehab Ctr, on Reservation	
Tobique NB	D	Sun	7:30 PM	Church Basement Tobique Reserve	
Topsham	D	Sun	7 PM	United Baptist Ch, 1 Elm St	
Turner	D/A	Tues	7 PM	Veterinary Hospital, 10 Business Parkway	
Union	D/A	Sat	8 PM	United Methodist Ch, Union Common	
Unity	D	Thurs	8 PM	Methodist Ch, 13 Depot St	
Van Buren	D/ST	Mon/Thurs	7 PM	Community Center, 130 Champlain St	
Veazie	D	Mon	8 PM	Veazie Community Ctr, 1005 Olive St	
Vinalhaven	D	Tues	7 PM	Union Ch, 25 East Main St, Take Ferry	
Vinalhaven	ST	Fri	6 PM	Union Ch, 25 East Main St, Take Ferry	
Vinalhaven	BB/W/C	Mon	7 AM	Union Ch, 25 East Main St, Take Ferry	
Waldoboro	Lit	Mon	8 AM	Broad Bay Congregational Ch, 941 Main St	
Waldoboro	ST	Thurs	6:30 PM	Broad Bay Congregational Ch, 941 Main St	
Warren	D/C	Thurs	7 PM	Maine State Prison, 870 Cushing Rd	
Warren	D	Sun	8:30 AM	Maine State Prison, 870 Cushing Rd	
Warren	D/A/C	Tues	7 PM	Congregational Ch, Main St	
Warren	BB	Sat	12:30 PM	Maine State Prison, 870 Cushing Rd	
Waterboro	GV/D	Fri	7 PM	Waterboro Town Hall, 24 Townhouse Rd	
Waterboro	SP/D/A	Mon	7 PM	St Stephen's Ch, Sokokis Rd, Rt 5	
Waterville	SP/A	Thurs	8 PM	Seton Hospital,Adolescent Unit,30 Chase A	
Waterville	W/D	Wed	8:30 AM	United Methodist Ch, 61 Pleasant St	
Waterville	ST	Thurs	10 AM	St Mark's Ch, 60 Eustis Parkway	
Waterville	BB/ST/A	Mon	6:30 PM	United Methodist Ch, 61 Pleasant St	
Waterville	D/A	Tues-Fri	6:45 AM	United Methodist Ch, 61 Pleasant St	
Waterville	D/A	Mon	7:30 AM	United Methodist Ch, 61 Pleasant St	
Waterville	W/D	Sun	2 PM	Kennebec Club, 93 Main St, Ste B08	
Waterville	D	Fri	2 PM	Kennebec Club, 93 Main St, Ste B08	
Waterville	D/ABS/A	Sun	10 AM	Adolescent Center, Chase Ave	
Waterville	BB/A	T/W/Sat	10 AM	St Mark's Ch, 60 Eustis Parkway	
Waterville	D	Wed	7 PM	St Joseph Ch, Front St	
Waterville	B	Fri	10 AM	St Mark's Ch, 60 Eustis Parkway	
Waterville	D	Wed	5 PM	Getchell Baptist Ch, Getchell St	
Waterville	W/ST/A	Thurs	6:30 PM	United Methodist Ch, 61 Pleasant St	
Waterville	D/Lit	Mon-Fri	Noon	Mid Maine Homeless Shelter,19 Colby St	
Waterville	D/A	Fri	6 PM	Thayer Ctr, Dean Bldg, Rm 3 & 4	
Waterville	ST/C	Tues	8 PM	Lutheran Ch, 36 Cool St	

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<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Waterville	D/A	Mon	10 AM	Advent Christian Ch, 4 Pleasant St	
Wells	BB/D	Fri	7:30 PM	St Mary's Ch, 236 Eldridge Rd	
Wells	D/C	Thurs	8 PM	Congregational Ch, 1695 Post Rd	
Wells	D/B/A	Sat	8 AM	St Mary's Ch, 236 Eldridge Rd	
Westbrook	ST/D/A	Sun	10:30 AM	Mercy Recovery Ctr, 40 Park Rd	
Westbrook	D/SP/A	Tues	12:15 PM	Seventh Day Adventist Ch, 479 Main St	
Westbrook	D/B	Wed	7:30 PM	St Anthony Parish Ed Ctr, 295 Brown St	
Westbrook	D/C/A	Wed	6 PM	Seventh Day Adventist Ch, 479 Main St	
Westbrook	SP/A	Sun	6:30 PM	Saccarappa Lodge, 573 Main St	
Westbrook	B/D/A	Thurs	8 PM	Mercy Recovery Ctr, 40 Park Rd	
Westbrook	M/D/A/C	Thurs	6:30 PM	Mercy Recovery Ctr, 40 Park Rd	
Westbrook	BB/A	Mon	6 PM	Seventh Day Adventist Ch, 479 Main St	
Westbrook	SP/D/A	Sat	6:30 PM	Mercy Recovery Ctr, 40 Park Rd	
Westbrook	Lit	Tues	7 PM	Highland Lake Grange, Corner Hardy & 302	
Westbrook	B/D/A	Fri	7:30 PM	Mercy Recovery Ctr, 40 Park Rd	
Whitefield N	SP	Sat	10 AM	St Dennis Ch, 298 Grand Army Rd, Rt 126	
Whiting	D	Mon	7 PM	Cobscook Friends Meeting House, Rte 189	
Wilton	D	Sat	7:30 PM	St Lukes Ch Basement, 59 High St	
Windham	SP/A	Thurs	6:30 PM	United Ch of Christ, 140 Windham Ctr Rd	
Windham	Lit/D	Wed	Noon	N Windham Union Ch, 723 Roosevelt Trail	
Windham	D	Tues	7:30 PM	So Windham Community Ch, 31 Main St	
Windham	D/Lit	Sun	7 PM	St Ann's Episcopal Ch, River Rd	
Windham	BB	Sat	10 AM	St Ann's Episcopal Ch, River Rd	
Windham	BB	Mon	7:30 PM	Windham Union Ch, 723 Roosevelt Trail	
Windsor	BB/ST	Wed	6 PM	Memorial Baptist Ch, 9 Reed Rd, Rt 32	
Winslow	D/A	Tues	6 PM	Congregational Ch, 26 Lithgow St	
Winslow	D	Sun	5 PM	St John the Baptist Ch, 47 Monument St	
Winslow	D/A	Sun	8:30 AM	Rec Hall behind Fire Station	
Winslow	D	Thurs	5 PM	St John the Baptist Ch, 47 Monument St	
Winter Harbor	D	Tues	6 PM	Chart Room behind IGA, Main St	
Winterport	D	Fri	8 PM	St Gabriels Ch, North Lower Main	
Winthrop	ST/D	Wed	7 PM	Congregational Ch, 11 Bowdoin St	
Winthrop	D	Fri	7 PM	Congregational Ch, 11 Bowdoin St	
Winthrop	D	Mon	7 PM	United Methodist Ch, Main St	
Winthrop	D/BB	Wed	9 AM	Congregational Ch, Pleasant St	
Winthrop	ST	Thurs	8:30 PM	Practice Center, 280 Main St	
Wiscasset	SP	Tues	5 PM	St Philip's Ch, 12 Hodge St	
Woodstock	BB/C	Thurs	8 PM	First Nation Health Ctr, 10 Turtle Lane	
Yarmouth	B/C	Wed	7:30 PM	N Yarmouth Congregational Ch, 3 Gray Rd	
Yarmouth	W/ST	Mon	7 PM	Church of the Nazarene, US Rt 1	
Yarmouth	W/ST/C	Mon	5:30 PM	Unitarian Universalist Ch, 97 Main St	
Yarmouth	D	Mon	7:30 PM	First Congregational Ch, Main St	
Yarmouth	BB	Thurs	7:30 PM	St Bartholomew's Ch, 396 Gilman Rd	
Yarmouth	B	Fri	7:30 PM	Sacred Heart Ch, 362 Main St	
York	SP	Tues	8 PM	Methodist Ch, 1026 US Rt 1	
York	ST/W/C	Sun	6 PM	Heart Health Ctr, York Hospital, Ellis Rm	
York	D	Mon	7:30 PM	Methodist Ch, 1026 US Rt 1	
York Beach	ST/C	Tues	Noon	Union Congregational Ch, 29 Church St	
York Beach	BB/ST	Mon	7:30 AM	Union Congregational Ch, 29 Church St	
York Harbor	D/C	Wed	7:30 PM	St George Episc Ch, Rt 1A, 407 York St	
York Harbor	SP/B/D	Thurs	7:30 PM	St George Episc Ch, Rt 1A, 407 York St	
York Harbor	ST	Mon	6 PM	St George Episc Ch, Rt 1A, 407 York St	
York Harbor	ST	Fri	7:30 PM	St George Episc Ch, Rt 1A, 407 York St	

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<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
York Harbor	SP	Last Sun	9 AM	York Harbor Inn, Rt 1A	
York Harbor	BB	Sat	Noon	St George Episc Ch, Rt 1A, 407 York St	
York Village	SP/A	Sat	8 PM	York Hospital ,Purple Bldg,15 Hospital Dr	

ACOA

Bucksport	D	Tues	7 PM	United Methodist Ch, 71 Franklin St	
Portland	D	Thurs	6 PM	MMC, Dana Ctr, Rm 101	
Rockport	D/SP	Wed	6:30 PM	Pen Bay Med Ctr, Physician Bldg, Rm 4	

AIDS Counseling & Testing

Augusta		M/T/W/F	Vary	Family Planning, 43 Gabriel Drive	626-3426
Augusta		Mon-Fri	8-5 PM	AIDS Drug Assistance Program, ME CDC	287-3747
Bangor		Mon-Fri		Wabanaki Mental Health, 185 Exchange St	990-0605
Bangor		Mon-Fri		Penquis Health Services, 262 Harlow St	973-3650
Bangor		Mon-Fri	8:30-4:30 PM	Bangor STD Clinic, 103 Texas Ave	992-4555
Belfast		Mon-Fri	Vary	Family Planning Assoc of ME,147 Waldo Ave	338-3736
Biddeford		M/T/Th/F	Vary	Planned Parenthood, 281 Main St	282-6620
Brunswick				All about Prevention. 103 Harpswell Rd	725-4955
Calais		Mon		Downeast Health Services, 43 Union St	454-3634
Damariscotta		Wed	10:30-6 PM	Family Planning, 767 Maine St	563-1224
Ellsworth			24 HRS	Downeast AIDS Network (667-3506)	1-800-669-0893
Farmington		Tues-Fri	8-4 PM	Family Planning, 193 Front St	778-4553
Fort Kent		Mon-Fri	8-5 PM	ACAP Health First, 139 Market St	402-3220
Houlton		Tue/Thurs	Vary	ACAP Health First, 91 Military St	922-3220
Lewiston		M/W/Th/F	Vary	Family Planning, 179 Lisbon St	795-4019
Lincoln		Mon-Fri	8-4 PM	Penquis Health Svcs, 40A Maine St	794-3093
Machias		Mon-Fri	8-4 PM	Downeast Health Svcs, 2 VIP Rd	255-5849
Norway		Tues/Thurs	10:30-6 PM	Family Planning, 9 Marston St	743-2066
Ogunquit				Frannie Peabody Ctr, 718 Main St	251-4931
Portland		Mon-Sat	Vary	Planned Parenthood, 443 Congress St	797-8881
Portland		1st & 3rd Tues	1-6 PM	Frannie Peabody Ctr, 1 Spring St	749-6818
Portland		Mon-Fri	8-4:30 PM	Portland Public Health, 103 India St	874-8446
Presque Isle		Mon-Fri	8-5 PM	ACAP Health First, 5 Market St	768-3062
Rockland		M/T/Th/F	Vary	Family Planning, 22 White St, Ste 101	594-3114
Rumford		Wed	10:30-6 PM	Family Planning, 218 Penobscot St	364-3960
Sanford		M/W/F	Vary	Planned Parenthood, 886 Main St, Ste 302	324-9385
Skowhegan		Tues/Thurs	Vary	Family Planning, 188 Madison Ave	612-5000
Topsham		M/W/F	Vary	Planned Parenthood, 4 Bowdoin Isle, Ste 1	725-8264
Washington Cty		Mon-Fri	8-5 PM	Northern ME HIV Program	733-1090 x2156
Waterville		M/W/F	Vary	Family Planning, 18 Silver St	509-3267

AIDS Support

Ellsworth		Mon-Fri	8-4 PM	DownEast AIDS Network, 25 Pine St, Ste A	667-3506
Portland		Mon-Fri	9-5 PM	Frannie Peabody Ctr, 615 Congress St	749-6818

Al anon

Alfred	D	Wed	7 PM	Notre Dame Spiritual Ctr, 133 Shaker Rd	
Andover	D	Wed	7:30 PM	Congregational Ch, 20 Elm St, Rte 120	
Auburn	D	Wed	10 AM	Grace Lutheran Ch, 757 Summer St	
Auburn	D	Wed	8 PM	St Philip's Ch, 2365 Turner Rd, Rt 4	
Auburn	D	Mon	7:30 PM	United Methodist Ch, 439 Park Ave	
Auburn	D	Sat	7 PM	Grace Lutheran Ch, 757 Summer St	
Augusta	D	Tues	7 PM	St Mark's Episcopal Ch, 9 Summer St	
Augusta	D	Wed	6 PM	Togus VA Ctr, 1 VA Ctr, Bldg 206, Rm 142	

Al anon

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Augusta	D	Tues	Noon	United Universalist Ch, 69 Winthrop St	
Bangor	D	Sat	1 PM	St John's Episcopal Ch, 234 French St	
Bangor	D	Fri	Noon	St John's Episcopal Ch, 234 French St	
Bangor	ST/D	Wed	10 AM	Boyd's Place, 21 Boyd St	
Bangor	D	Thurs	7 PM	Hammond St Cong Ch, 28 High St	
Bangor	D	Mon	Noon	St John's Episcopal Ch, 234 French St	
Bar Harbor	D	Mon	Noon	St Savior's Parish Hall, 41 Mt Desert St	
Bar Harbor	D	Tues	7 PM	First Baptist Ch, 46 Ledge-lawn Ave	
Bar Harbor	D	Fri	7 PM	St Savior's Parish Hall, 41 Mt Desert St	
Bath	D	Thurs	7 PM	United Church of Christ, 150 Congress Ave	
Belfast	D	Thurs	7 PM	First Baptist Ch, 95 High St	
Belfast	D	Sat	10 AM	St Margaret Lighthouse, 95 Court St	
Belfast	D	Mon	Noon	First Baptist Ch, 95 High St	
Berwick S	D	Mon	10 AM	First Federated Ch, 150 Main St	
Biddeford	D	Tues	7:45 PM	Second Parish Congr Ch, 19 Crescent St	
Blue Hill	D	Sun	7 PM	Blue Hill Hospital Cafeteria, 57 Water St	
Brewer	D	Tues	6 PM	First United Methodist Ch, 40 S. Main St	
Brunswick	D	Wed	10 AM	Seventh Day Adventist Ch, Fellowship Hall	
Brunswick	D	Mon	Noon	St Paul's Episcopal Ch, 27 Pleasant St	
Brunswick	D	Fri	Noon	First Parish Ch Vestry, 9 Cleaveland St	
Bucksport	D	Wed	7 PM	Congregational Ch, 31 Elm St	
Buxton	D	Tues	6:30 PM	North Congregational Ch, 22 Churchill Rd	
Calais	D	Wed	6:30 PM	Old Calais Hospital, 24 Hospital Lane	
Camden	D	Fri	7 PM	United Methodist Ch, 98 John St	
Camden	D	Tues	7 PM	Our Lady of Good Hope Ch, 7 Union St	
Cape Elizabeth	D	Fri	7 PM	St Alban's Episcopal Ch, 885 Shore Rd	
Cape Elizabeth	D	Thurs	7:30 PM	United Methodist Ch, 280 Ocean House, Rt 77	
Caribou	D	Sat	11 AM	Catholic Ch, 14 Old Van Buren Rd	
Columbia Falls	D	Wed	7 PM	Faith Methodist Ch, 444 US Rt 1	
Coopers Mills	D	Sun	7 PM	Sheepscot Valley Hlth Ctr, 47 Main St	
Damariscotta	D	Tues	7 PM	Mobius Bldg, 319 Main St	
Damariscotta	D	Wed	6:30 PM	Miles Memorial Hosp, 35 Miles St	
Ellsworth	D	Tues/Thurs	Noon	Unitarian Universalist Ch, 121 Bucksport R	
Ellsworth	D	Mon	6 PM	First Congregational Ch, Church St	
Falmouth	D	Tues	7:30 PM	St Mary's Episcopal Ch, 43 Foreside Rd	
Falmouth	D	Fri	5:30 PM	St Mary's Episcopal Ch, 43 Foreside Rd	
Falmouth	B	Tues	6:30 PM	St Mary's Episcopal Ch, 43 Foreside Rd	
Farmington	D	Fri	7 PM	Franklin Memorial Hosp, Waldon Rm	
Farmington	D	Sun	7 PM	Franklin Memorial Hosp, Waldon Rm	
Farmington	D	Wed	7 PM	Franklin Memorial Hosp, Waldon Rm	
Fort Fairfield	D	Tues	7:30 PM	St Paul's Episcopal Ch, 66 Lower Main St	
Fort Kent	D	Mon	1 PM	Rock's Diner, 378 West Main St	
Fort Kent	D	Fri	6:30 PM	Fort Kent Public Library, 1 Monument Sq	
Freeport	D	Wed	7:30 PM	First Parish Congregational Ch, 40 Main St	
Fryeburg	D	Tues	10 AM	American Legion Hall, Bradley St	
Gardiner	D	Sun	5 PM	Boys & Girls Club, 14 Pray St, Side Door	
Hancock	D	Wed	Noon	Union Congregational Ch, 1368 Rt 1	
Hartland	D	Wed	6:30 PM	Irving Tanning Community Ctr, Elm St	
Houlton	D	Wed	7 PM	Houlton Outreach Ctr, 18 Military St	
Kennebunk	D	Mon	8 PM	Advent Christian Ch, 140 Sea Rd	
Kents Hill	D	Thurs	7 PM	United Methodist Ch, 1564 Main St	
Kingfield	D	Mon	10:30 AM	United Methodist Ch, 51 High St	
Kittery Pt	D	Tues	7:30 PM	United Methodist Ch, 60 Government St	

Al anon

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Lewiston	D	Wed	5:30 PM	Center for Wisdom's Women, 97 Blake St	
Madawaska	D	Wed	7 PM	Senior Ctr, 291 Newbury St, Suite 105	
Mexico	D	Thurs	10:15 AM	Congregational Ch, 43 Main St	
Millinocket	D	Thurs	1 PM	First Congregational Ch, 11 Maple St	
Millinocket	D	Tues	7 PM	Regional Hospital, 200 Somerset St	
Milo	D	Mon	7 PM	United Methodist Ch, 15 Park St	
Monroe	D	Wed	7:30 PM	Monroe Ch, 26 West Main St	
Naples	D/B	Thurs	6:30 PM	United Methodist Ch, 1000 Roosevelt St	
Newcastle	D	Fri	9 AM	St Andrew's Ch, 11 Glidden St	
Newcastle	D	Wed	9 AM	Faith Baptist Ch, 144 Mills Rd, Suite 215	
Norway	D	Sun	6:30 PM	Second Congregational Ch, 201 Main St	
Oakland	D	Fri	10:30 AM	Oakland Bapt Ch,47 Church St,Ministry Ctr	
Orrington	D	Fri	6 PM	Orrington Congreg Ch,58 Johnson Mills Rd	
Phillips	D	Tues	7 PM	Community Roots, 64 Dodge Rd	
Portland	D	Mon	6:30B/7:30PM	Clark United Methodist Ch,15 Pleasant Ave	
Portland	D	Sun	7 PM	Mercy Hosp,144 State St, B2 Auditorium	
Portland	D	Fri	9:30 AM	Trinity Episcopal Ch, 580 Forest Ave	
Portland	D	Tues	Noon	St Paul Guild Hall, 279 Congress St	
Portland	D	Wed	6 PM	St Pius Catholic Ch, 492 Ocean Ave	
Portland	D	Mon	10 AM	St Ansgar Evangelical Lutheran Ch	
Portland	D	Tues	6:30 PM	MMC, Dana Ctr, 22 Bramhall St	
Portland	D	Wed	7 PM	Seventh Day Adventist Ch, 97 Allen Ave	
Portland S	B/D	Sat	8:30B/9D AM	First Congregational Ch, 301 Cottage Rd	
Portland S	D	Sat	7 PM	First Congregational Ch, 301 Cottage Rd	
Rockport	D	Sat	10 AM	Pen Bay Physician Bldg, Glen Cove Drive	
Rumford	D	Tues	7 PM	Congregational Ch, 163 Main St	
Rumford	D	Thurs	10:15 AM	Congregational Ch, 43 Main St	
Saco	D	Fri	7 PM	Trinity Episcopal Ch, 15 Cleaveland St	
Saco	D	Mon	10 AM	Trinity Episcopal Ch, 15 Cleaveland St	
Sanford	D	Mon	7 PM	St Therese of Lisieux, 66 North Ave	
Sanford	D	Fri	10:30 AM	St George's Episcopal Ch, 3 Emerson St	
Scarborough	D	Wed	10 AM	United Methodist Ch, 2 Church St	
Skowhegan	D	Tues	7 PM	Federated Ch, 12 Island Avenue	
Stonington	D	Thurs	9 AM	Island Community Ctr, 2 Memorial Lane	
SW Harbor	D	Sun	7 PM	St John's Episcopal Ch, 315 Main St	
Thomaston	D	Mon	7 PM	St John's Episcopal Ch, 200 Main St	
Van Buren	D	Tues	2:15 PM	St Bruno/St Remich Ch, 180 Main St	
Waterville	D	Wed	Noon	St Mark's Ch, 60 Eustis Parkway	
Waterville	D	Sun	10 AM	Thayer Ctr, 149 North St	
Wells	D	Thurs	7:30 PM	Congregational Ch, 1695 Post Rd	
Winslow	D	Tues	7 PM	Corpus Christi Parish, 7 South Garand St	
Winthrop	D	Mon	7 PM	United Methodist Ch, 12 Main St	
York	D	Mon	7 PM	First Parish Congreg Ch, 180 York St	
York	D	Wed	10 AM	First Parish Congreg Ch, 180 York St	
York	D	Thurs	6 PM	First Parish Congregational Ch, York St	

Alateen

Bath	D	Thurs	7 PM	United Church of Christ, 150 Congress Ave	
Jay/Livermore Falls	D	Tues	Noon	Spruce Mountain HS, 33 Community Dr	
Portland	D	Mon	6:30 PM	Clark United Methodist Ch,15 Pleasant Ave	
Readfield	D	Tues	Noon	Maranacook HS Health Ctr, 2250 Milland St	HS Students Only
Saco	D	Fri	7 PM	Trinity Episcopal Ch, 15 Cleaveland St	
Winthrop	D	Mon	7 PM	United Methodist Ch, 58 Main St	

Chronic Pain

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Chronic Pain					
Brunswick		1st & 3rd Mon	6 PM	Mid Coast Hosp,123 Medical Center Conf Rm	Jennifer 725-7854
Old Orchard Beach	D	1st Thurs	6 PM	Pinewood Manor, Ocean Park	Evelyn 937-5020
Old Orchard Beach	D	3rd Thurs	11 AM	Pinewood Manor, Ocean Park	Evelyn 937-5020

Cocaine Anonymous

Portland	D	Sat	6 PM	Hope Gateway, 185 High St	
Portland	BB/D	Fri	5:15 PM	Immanuel Baptist Ch, 156 High St	
Portland	SP/D	Mon	6:30 PM	Portland Recovery Ctr, 468 Forest Ave	
Portland	SP/D/B	Sun	6:30 PM	Portland YMCA, 70 Forest Ave	
Portland	D	Wed	Noon	Portland Recovery Ctr, 468 Forest Ave	
Portland	M/D	Tues	7 PM	Portland Recovery Ctr, 468 Forest Ave	
Portland	D/W/CC	Thurs	7:30 PM	New Hope Gateway, 509 Forest Ave	
Westbrook	B/ST	Wed	8 PM	Mercy Recovery Ctr, 40 Park Rd	

Codependents Anonymous

Brewer	D	Sun	5:30 PM	The Barn, 142 Center St	
Ellsworth Falls	D	Mon	12:15 PM	Congregational Ch, Behind Sunrise Glass	
Portland	D	Tues	6 PM	MMC,Brighton Campus	
Portland	D	Fri	12:30 PM	Sacred Heart Ch, 80 Sherman St	

Crystal Meth Anonymous

Portland	D	Sat	2 PM	Portland Recovery Ctr, 468 Forest Ave	
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Debtors Anonymous

Freeport	D	Wed	5:30 PM	First Parish Congregational Ch,40 Main St	
Freeport	D	Sat	9 AM	First Parish Congregational Ch,40 Main St	
Portland	D	Tues	7 PM	MMC, Dana Ctr, 22 Bramhall St	
Rockland	BB/ST/SP	Thurs	7 AM	Residence of 340 Main St., Upstairs	593-8235

Families Anonymous

Caribou	D	Wed	6 PM	Cary Medical Ctr, 163 Van Buren Rd	896-3028
Westbrook	D/A	Wed	6:30 PM	Mercy Recovery Ctr, 40 Park Rd	650-5468

Food Addicts

Augusta	D	Thurs	1 PM	Prince of Peace Ch, 209 Eastern Ave	Roxie 660-7701
Augusta	D	Tues	6:30 PM	Prince of Peace Ch, 209 Eastern Ave	Joe 623-1924
Bangor	D/A	Mon	6:30 PM	First United Methodist Ch, 703 Essec St	Kathy 942-1738
Bath	D	Wed	10 AM	Bath PD Conference Rm, 250 Water St	Belita 512-5797
Bath	D	Fri	6 PM	Bath PD Conference Rm, 250 Water St	Pamela 442-7557
Blue Hill	D	Sat	8:30 AM	First Congregat Ch, 22 Tenney Hill Rd	Rose Marie 326-9406
Brunswick	D	Mon	9 AM	St Paul's Episcopal Ch, 27 Pleasant St	Mel 729-3861
Brunswick	D	Sat	9 AM	Mid Coast Hosp,123 Medical Center DrCnf 1	Holly 380-9863
Ellsworth	D	Wed	6:30 PM	St Duston's Ch, 134 State St	Kathy 942-1738
Freeport	D	Thurs	9 AM	First Parish Congregational Ch,40 Main St	Sandi 838-8991
Lewiston	D	Thurs	6:30 PM	St Mary Reg Medical Ctr,Lepage Small	Cec 377-3605
Newcastle	D	Tues	6:30 PM	Faith Baptist Ch, 214 Mills Rd	Karen 529-5997
Rockland	D	Sat	8:30 AM	Knox Center,Rockland Rm, 6 White St	Karen 529-5997
Scarborough	D	Tues	9 AM	St Maximillian Ch, 150 Black Point Rd	Kathy 883-4731
Scarborough	D	Wed	7 PM	First Congregat Ch, 167 Black Point Road	Jane 883-8052
Topsham	D	Wed	7 PM	Topsham Medical Bldg, 4 Horton Place	Katie 441-1550
Waterville	D	Fri	6:30 PM	Thayer Ctr, Dean 3, 149 North St	Lila 465 8249
Westbrook	D	Thurs	6:30 PM	Westbrook Community Ctr, 426 Bridge St	Rachel 321-1985
Westbrook	D	Mon	6:30 PM	Larrabee Village Adm Bldg, Liza Harmon Dr	Sandi 838-8991
Westbrook	D	Sat	8 AM	Larrabee Village Adm Bldg, Liza Harmon Dr	Bob 232-1204 x300

Gamanon

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
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Gamanon

Augusta	D	Thurs	7 PM	St Mark's Parish Hall, 9 Pleasant St	
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Gamblers Anonymous

Augusta	D	Sun	7 PM	St Mark's Parish Hall, 9 Pleasant St	
Augusta	D	M/T/W/F	Noon	INC Wellness & Recovery, 38 Memorial Dr	
Lewiston	D/C/A	Wed	6:30 PM	YWCA, 130 East Avenue	
Portland	D/C/A	Thurs	7 PM	Brighton Medical Center, 335 Brighton Ave	
York	D/A	Sat	9 AM	York Hosp,Hall House,gray bldg by helipad	

Grief Support Group

Statewide			24 HRS	Call 211 Maine	
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Heroin Anonymous

Portland	D	Sun	9 AM	Portland Recovery Ctr, 468 Forest Ave	
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NA

Alfred	D/A	Thurs	7 PM	Notre Dame Spiritual Ctr, 147 Shaker Hill	
Alfred	D/A	Tues	7 PM	Notre Dame Spiritual Ctr, 147 Shaker Hill	
Augusta	D	Fri	6 PM	St Mark's Episcopal Ch, 9 Summer St	
Augusta	D	Sat	6 PM	Riverview Psychiatric Hosp,250 Arsenal St	
Augusta	D/A	Mon	7:30 PM	Grace United Methodist Ch, 13 Green St	
Bangor	D/A	M/W/F	7 PM	Community Health & Counseling,42 Cedar St	
Bangor	D/A	Sat	7 PM	EMMC, 489 State St, Bronwen Rm	
Bath	D/ST	Tues	7:30 PM	Church of the Nazarene, 191 Centre St	
Belfast	D/ST	Mon	6:30 PM	First Church of Belfast, 55 Spring St	
Belfast	D/A	Sat	10 AM	United Methodist Ch, 23 Mill Lane	
Belfast	D/A	Thurs	6:30 PM	United Methodist Ch, 23 Mill Lane	
Biddeford	D	Tues	7 PM	Second Congregational Ch, 19 Cresent St	
Blue Hill	ST/A	Tues	7 PM	Blue Hill Memorial Hosp, 57 Water St	
Boothbay Harbor	ST/Lit/A	Tues	7 PM	Our Lady Queen of Peace,82 Atlantic Ave	
Brewer	D/ST	Thurs	7 PM	First Congregational Ch, 35 Church St	
Brewer	D	Fri	6 PM	The Barn, 142 Center St	
Brewer	ST/A	Sun/Tues	7 PM	First Congregational Ch, 35 Church St	
Brewer	D	Sun	2 PM	The Barn, 142 Center St	
Bridgton	D/Lit/A	Mon	7 PM	Community Center, 15 Depot St	
Brunswick	D	Thurs	7 PM	Addiction Resource Ctr, 66 Baribeau Dr	
Casco	Lit/A	Mon	7 PM	Clyde Bailey Drop In Ctr,224 Roosevelt Tr	
Damariscotta	D/A/C	Fri	7:30 PM	Miles Memorial Hosp, 3rd Fl Conf Rm	
Damariscotta	ST/A	Wed	7:30 PM	Miles Memorial Hosp, 3rd Fl Conf Rm	
Ellsworth	D	Sun	7 PM	Your Place, 8 Old Mill Rd	
Ellsworth	D/ST	Tues/Fri	7 PM	Your Place, 8 Old Mill Rd	
Farmington	ST	Tues	6:30 PM	Henderson Baptist Ch, 110 Academy St	
Farmington	ST/Lit/C	Thurs	7 PM	Franklin Memorial Hosp, 111 Health Common	
Farmington	D/A	Sat	9 AM	Franklin Memorial Hosp, Crosby Rm	
Fort Kent	D	Thurs	7:30 PM	Forest Hill Manor, 25 Bolduc Ave	
Guilford	D/ST	Tues	6:30 PM	Methodist Ch, 3 School St	
Kennebunk	D/Lit	Sun	6:30 PM	Christ Church, 6 Dane St, Corner Rt 35	
Kennebunk	D	Mon	7 PM	St David's Episcopal Ch, 138 York St	
Lewiston	Lit	Thurs	8 PM	Calvary Methodist Ch, 59 Sabattus St	
Lewiston	D	Wed	6 PM	12 Hour Club, 675 Main St, Ste 12	
Madawaska	D/A	Sat	9 AM	St John Valley Assoc, 291 Newberry Dr	
Madawaska	D/A	Tues	7:30 PM	St John Valley Assoc, 291 Newbenry Dr	
Madison	D	Sun	6:30 PM	Somerset Cty Jail, 131 East Madison Rd	

NA

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Mexico	D	Wed	6 PM	Congregational Ch, 163 Main St	
Old Orchard Beach	D	Thurs	6:30 PM	United Methodist Ch, Corner Washington St	
Portland	W/C	Sat	4 PM	Portland Recovery Ctr, 468 Forest Ave	
Portland	ST/C	Thurs	7 PM	St Ansgar Evangelical Lutheran Ch	
Portland	D	Thurs	7 PM	Sacred Heart Ch, 80 Sherman St	
Portland	D/Lit	Sun	7 PM	1st Unitarian Universalist Ch,425 Congres	
Portland	D/A	T/Th/F	Noon	Portland Recovery Ctr, 468 Forest Ave	
Portland	D/C	Mon	7 PM	First Parish Unitarian Ch,425 Congress St	
Portland	D	Sat	9:30 AM	First Parish Unitarian Ch,425 Congress St	
Portland	ST	Tues	7 PM	Unitarian Universalist Ch, 159 State St	
Portland	D/C	Fri/Sat	7 PM	Immanuel Baptist Ch, 156 High St	
Portland	D/A	Wed	7 PM	St Luke's Cathedral, 143 Park St Entrance	
Portland	SP/ST/M	Sat	4 PM	Portland Recovery Ctr, 468 Forest Ave	
Presque Isle	D/ST	Tues/Fri	7 PM	St John's Ch, 52 Second St	
Rockland	D/B/ST	Wed	6:30 PM	St Peter's Episcopal Ch, 11 White St	
Rockland	D/C	Tues/Fri	6:30 PM	St Peter's Episcopal Ch, 11 White St	
Sanford	D	Wed	7:30 PM	Unitarian Universalist Ch, 5 Lebanon St	
Skowhegan	D	Sun	6:30 PM	First Baptist Ch, 19 Washburn Lane	
Skowhegan	SP/Lit	Wed	6:45 PM	Notre Dame De Lourdes, 273 Water St	
Thomaston	D/C	Sat	6:30 PM	People's United Methodist Ch,13 Chapel St	
Thomaston	D	Mon	6:30 PM	St John's Episcopal Ch, 200 Main St	
Waterville	D	Tues	6:30 PM	St Mark's Ch, 60 Eustis Parkway	
Waterville	D/Lit/C	Fri	6 PM	First Congregational Ch, 7 Eustis Parkway	
Westbrook	D/A	Tues	7:30 PM	Mercy Recovery Ctr, 40 Park Rd	
York	B/D/SP	Thurs	7:30 PM	United Methodist Ch, 1026 US Rt 1	

Nar Anon

Bangor	D	Thurs	6:30 PM	St Francis Ctr, 294 Center St	
Rockland	D	Tues	6:30 PM	Rockland Public Library, 80 Union St	Jane 594-2801
Westbrook	D/A	Tues	6 PM	Mercy Recovery Ctr, 40 Park Rd	

Nicotine Anonymous

Bangor	D	Wed	6:30 PM	Maine Veterans Home, Conf Rm, Hogan Rd	Larry 843-7563
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OA

Augusta	D	Sat	10 AM	ME General Alford Center for Health	
Bangor	D	Sat	10 AM	St Joseph Hosp, 900 Broadway	
Bangor	D/Yth	Mon	10 AM	Redeemer Lutheran Ch, 540 Essex St	
Bangor	Lit	Thurs	Noon	Redeemer Lutheran Ch, 540 Essex St	
Bangor	BB	Sun	5 PM	St Joseph Hosp, 900 Broadway	
Bar Harbor	D	Mon	4:30 PM	St Savior's Parish Hall, 41 Mt Desert St	
Bath	D	Tues	Noon	Contact for meeting location	729-3149
Belfast	D	Fri	Noon	First Baptist Ch, 95 High St	
Belfast	D	Mon	6:30 PM	Belfast Center, Corner Fiedland & High St	
Berwick S	D	Wed	6:30 PM	High St Baptist Ch, 37 Miller St	
Brunswick	D	Sun	9 AM	Mid Coast Hosp,123 Medical Center Dr	
Brunswick	BB	Mon	5:30 PM	Seventh Day Adventist Ch, 335 Maine Ave	
Brunswick	D	Thurs	7 PM	St Paul's Episcopal Ch, 27 Pleasant St	
Calais	D	Mon	7 PM	Methodist Ch, 849 Main St	
Camden	SP	Tues	6:30 PM	St Thomas Episcopal Ch, 33 Chestnut St	
Camden	Lit	Sat	9 AM	St Thomas Episcopal Ch, 33 Chestnut St	
Deer Isle	BB	Tues	6 PM	Congregational Ch,Downstairs, Church St	
Ellsworth	D	Tues	7 PM	St Joseph's Catholic Ch, 231 Main St	
Kennebunkport	D	Sun	6 PM	Village Baptist Ch, 6 Maine St	

OA

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Lewiston	D	Sat	10 AM	CMMC, 12 High St, Conf Rm H	
Lewiston	D	Tues	7 PM	CMMC, 12 High St, Conf Rm H	
Portland	D/ST	Tues	6 PM	Woodfords Congr Ch, 202 Woodford St	
Portland	B/D	Sat	9:30B/10 AM	MMC, Dana Ctr, 22 Bramhall St	
Portland	BB	Sun	7 PM	Brighton Medical Center, 335 Brighton Ave	
Portland	BB	Fri	6 PM	Woodsford Cong Ch, 202 Woodsford St	
Scarborough	Lit/D	Mon/Thurs	10 AM	Scarborough Methodist Ch, Church St	
Waterville	Lit	Thurs	6:30 PM	First Congregational Ch, 7 Eutus Parkway	
York	BB	Mon	7 PM	York Hospital ,Purple Bldg,15 Hospital Dr	
York	ST/SP	Sat	8 AM & 9AM	York Hospital ,Purple Bldg,15 Hospital Dr	
York	D/Lit	Fri	10 AM	First Parish Ch, 180 York St	

Recovery

Belfast	D/Yth	Mon	4 PM	WCGH Ed Ctr, 118 Northport Ave,Classroom	Tim 567-3813
Portland	D	Mon/Fri	Noon	Portland Recovery Ctr, 468 Forest Ave	553-2575
Portland	D	Wed	Noon	Hope Gateway, 185 High St	Ronni 756-8116
Portland	D	Thurs	1 PM	Portland Recovery Ctr (Recovering Moms)	
Portland	D	Wed	5:45 PM	Portland Recovery Ctr (Addict in Family)	
Portland	D	Wed	3 PM	Portland Recovery Ctr (Recovery Re-entry)	
Portland	D	Thurs	3:30 PM	Portland Recovery Ctr, 468 Forest Ave	553-2575
Waterville	D	Tues	7 PM	ME General Med Ctr,Seton Ctr, 30 Chase Av	458-4366

Recovery - Dual

Augusta	D	Mon	Noon	Crisis & Counseling, 10 Caldwell St	215-0565
Bangor	D	Mon	4 PM	Acadia Hospital, 268 Stillwater Ave	745-5403

Recovery - Faith Based

Augusta	D	Thurs	6 PM	Pathway Vineyard, 561 Glenridge Dr	Kathy 248-1705
Bangor	D	Mon	6 PM	Columbia St Baptist Ch, 63 Columbia St	Aaron 902-2263
Belfast	D	Fri	5:30 PM	Christ the King Ch, 9 Field St. #330	Garret 322-9315
Bridgton	D	Mon	6 PM	Lake Region Vineyard Ch, 402 Main St	Tom 838-7905
Brunswick	D	Thurs	6 PM	Pathway Vineyard Ch, 94 Pleasant St	Kyle 784-9500
Gorham	D	Tues	6:30 PM	Life Church, 8 Elkins Rd	Matt 838-1067
Houlton	D	Tues	6 PM	Baptist Ch, 307 Military St	Travis 532-2783 x109
Lewiston	D	Thurs	6 PM	Pathway Vineyard Ch, 9 Foss Rd	Lori 784-9500
Palermo	D	Tues	6 PM	Christian Ch, 322 Branch Mills Rd	Dan 441-6557
Portland	D	Sun	5:30 PM	Christ Ch, 1900 Congress St	Dave 274-1780
Portland	D	Fri	6 PM	First Baptist Ch, 360 Canco Rd	Dianne 518-1789
Presque Isle	D	Thurs	6:30 PM	Wesleyan Ch, 387 Centerline Rd	Dan 764-5187
Saco	D	Mon	6:30 PM	Our Father's House, 325 North St	571-4981
Sanford	D	Tues	6:30 PM	Curtis Lake Christian Ch, 38 Westview Dr	Rick 324-0652
Waldoboro	D	Thurs	6 PM	First Baptist Ch, 71 Grace Lane	837-9703
Wiscasset	D/C	Mon	2 PM	Two Bridges Regional Jail, 522 Bath Rd	443-8798
Wiscasset	D	Fri	6 PM	Acrossed from Norm's Used Cars, Rt 1	Matt 344-8660

Recovery - Telephone Support

Statewide		Mon-Fri	9-5 PM	Maine Alliance for Addiction Recovery	621-4111
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Recovery Center - Mental Health

Augusta		Mon-Fri	8:30-4:30 PM	Capital Club House, 37 Stone St	629-9080
Augusta		Mon-Fri	7-4:30 PM	LINC Wellness & Recovery, 38 Memorial Dr	622-5736
Bangor		Mon-Fri	8-4 PM	Together Place, 150 Union St	941-2897
Bangor		Mon-Fri	8-4 PM	Unlimited Solution Clubhous, 30 Summer St	404-8383
Biddeford		Mon-Fri	8:30-4:30 PM	Common Connection Club, 32 Alfred St	282-5455
Bridgton		Thurs	12-3 PM	The Gathering Place, 15 Depot St	583-5235

Recovery Center - Mental Health

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Brunswick		Daily	9AM-7 PM	Learning Resource Ctr, 174 Mere Pt Rd	373-4273
Caribou		Mon-Fri	10-2 PM	Harvest Inn Social Club, 43 Hatch Dr	498-2347
Lewiston		M-F/Sat&Sun	9-5/1-5	Wellness & Recovery, 100 Pine St	795-6719
Lewiston		Mon-Fri	8:30-4:30 PM	Looking Ahead Clubhouse, 646 Main St	
Livermore Falls		Tues-Fri	12-4 PM	Friends Together, 31 Park St	897-1010
Madawaska				Valley Social Club, 272 Main St, Ste 101	728-4806
Portland		Mon-Sat	9-5 PM	Amistad, 66 State St, 2nd Floor	773-1956
Rumford		Daily	10-5 PM	Beacon House, 3 Canal St	369-0868
Sanford		Daily	Vary	Harmony Support Center, 19 Washington St	490-5253
Waterville		Mon-Fri	8-6 PM	Waterville Social Club, 32 Ticonic St	873-1027
Waterville		Mon-Fri	8-4 PM	High Hopes Club House, 26 College Ave	877-0038

Recovery Centers

Brewer		Daily		Bangor Area Recovery Netwk, 142 Center St	561-9444
Portland		Daily		Portland Recovery Ctr, 468 Forest Ave	553-2575

Recovery International

Portland	D	Sat	10 AM	MMC, Dana Ctr, 22 Bramhall St, Rm 5	892-9529
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Resources Abuser Education

Augusta				Men's Work for Abusive Men	623-7252
Statewide	M		24 HRS	For Abusive Men (795-4020)	1-800-559-2927

Resources AIDS

National	TTY	Mon-Fri	10AM-10PM	Center for Disease Control Information	1-800-243-7889
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Resources Eating Disorders

Portland				New England Eating Disorders Prg at Mercy	879-3795
Statewide				Mainly Girls, 18 Huse St, Rockland	230-0170

Resources Elderly

Androscoggin Cty		Mon-Fri	8-5 PM	Seniors Plus, 8 Falcon Rd (795-4010)	1-800-427-1241
Aroostook Cty		Mon-Fri	8-4:30 PM	Aroostook Area Agency on Aging	1-800-439-1789
Cumberland, York		Mon-Fri	8-4:30 PM	Southern Maine Agency on Aging	1-800-427-7411
Kennebec Cty		Mon-Fri	8-4:30 PM	Spectrum Generations, One Weston Court	1-800-639-1553
Knox Cty		Mon-Fri	9-1 PM	Spectrum Generations, 61 Park St	596-0339
Lincoln Cty		Mon-Fri	8-3 PM	Coastal Community Ctr, 521 Main St	563-1363
Penobscot Cty		Mon-Fri	8-4:30 PM	Eastern Maine Agency on Aging, 450 Essex S	1-800-432-7812
Sagadahoc Cty		Mon-Fri	9-3 PM	Mid Coast Community Ctr, 35 Union St	729-0475
Somerset Cty		Mon-Fri	9-1 PM	Somerset Community Ctr, 30 Leavitt St	474-8552
Waldo Cty		Mon-Fri	9-1 PM	Waldo County Community Ctr, 18 Merriam Rd	338-1190

Resources Homeless

Statewide				ME State Housing Authority (Shelters)	1-800-452-4668
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Resources Mental Health

National		Mon-Fri	8-4:30 PM	National Alliance on Mental Illness	1-800-950-6264
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Resources Parent

Statewide				Southern ME Parent Awareness	1-800-564-9696
Statewide		Vary	Vary	GEAR Parent Network	1-800-264-9224
Statewide				ME Parent Fed, 484 Maine Ave 2D, Farmingdal	1-800-870-7746
Statewide			24 HRS	Parents of Sexual Abused Children, MECASA	1-800-871-7741

Resources Parents

Statewide				Parent Talk Line (799-2829)	1-800-249-5506
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Resources, Veterans

Androscoggin Cty		Mon-Fri	8-9:30 PM	Lewiston Veterans Ctr, 15 Challenger Dr	330-2700
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Resources, Veterans

<i>City</i>	<i>Type</i>	<i>Day</i>	<i>Time</i>	<i>Place</i>	<i>Contact person</i>
Aroostook Cty		Mon-Fri	8-5 PM	Caribou Veterans Ctr, 163 Van Buren Dr	496-3900
Calais		Mon-Fri	8-4:30 PM	Calais VA Clinic, 50 Union St	904-3700
Cumberland Cty		Mon-Fri	8-9:30 PM	Portland Veterans Center, 144 Fore St	1-877-421-8263 x7490
Fort Kent		Thurs	8-4:30 PM	Fort Kent VA Clinic, 3 Mountain View Dr	834-1572
Houlton		Wed	8-4:30 PM	Houlton VA Clinic, 20 Hartford St	877-421-8263 x2000
Lincoln		Mon-Fri	8-4:30 PM	Lincoln VA Clinic, 99 River Road	403-2000
Penobscot Cty		Mon-Fri	8-9:30 PM	Bangor Veterans Ctr, 35 State Hospital Rd	561-3600
Rumford		Mon-Fri	8-4:30 PM	Rumford VA Clinic, 431 Franklin St	369-3200
Saco		Mon-Fri	8-9:30 PM	Saco VA Clinic, 655 Main St	294-3100
Statewide		Mon-Fri	8-9:30 PM	Togus VA Ctr, 1 VA Center, Bldg 248	623-8411 x5900

Smart Recovery

Augusta	D	Wed	6 PM	Old Federal Bldg, 295 Water St, Conf Rm	458-4366
Portland	D	Thurs	3:30 PM	Portland Recovery Ctr, 468 Forest Ave	553-2575
Statewide				On line meeting www.smartrecovery.org	1-866-951-5357

Survivors of Suicide

Augusta	D	As Needed		MaineGeneral Hospice, 6 East Chestnut St	626-1780
Bangor	D	1st Wed	6:30 PM	Brooking-Smith Family Arrangement Ctr	974-6894
Belfast	D	As Needed		Hospice Volunteers Waldo Call for Info	930-2677
Brunswick	D	1st & 3rd Tues	6:30 PM	CHANS Hospice & Volunteers, Ctr for Grief	721-1357
Hiram	D	Last Tues	6:30 PM	Calvary Bible Ch, 348 S. Hiram Rd	625-3291
Portland	D	Call for Info		Ctr for Grieving Children, 555 Forest Ave	775-5216
Portland	D	2nd & 4th Mon	7 PM	MMC, Dana Ctr, 22 Bramhall St	409-6976
Rockport	D	As Needed		Coastal Family Hospice, Call for Info	593-9355
Waterville	D	As Needed		Hospice Volunteer, 304 Main Call for Info	873-3615

Workaholics Anonymous

Portland	D	Tues	7 PM	Portland Recovery Ctr, 468 Forest Ave	
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Self Help Groups Online (Updated January, 2015)

Adult Children of Alcoholics World Services Office

PO Box 3216, Torrance, CA 90510

Telephone: (562) 595-7831

Web: www.adultchildren.org

Email: www.adultchildren.org/contact

Alanon/Alateen Family Group Headquarters

1600 Corporate Landing Parkway, Virginia Beach, VA 23454-5617

Telephone: (757) 563-1600

Web: www.al-anon.alateen.org

Email: wso@al-anon.org

Alanon/Alateen (Maine)

PO Box 3652, Portland, ME 04104

Telephone: 1-800-498-1844 or (207) 284-1844

Web: www.maineafg.org

Alcoholics Anonymous World Service Office

PO Box 459, New York, NY 10163

Telephone: (212) 870-3400

Web: <http://www.aa.org>

Email: NortheastRegion@aa.org

Alcoholics Anonymous (Maine)

AA Central Service Office

47 Portland Street, Portland, ME 04101

Telephone: 1-800-737-6237 or (207) 774-4335

Web: <http://www.csoaamaine.org>

Email: cso@csoaamaine.org

Cocaine Anonymous World Service Office

PO Box 492000, Los Angeles, CA 90049-8000

Telephone: (310) 559-5833

Web: <http://www.ca.org>

Email: cawso@ca.org

Codependents Anonymous Fellowship Services

PO Box 33577, Phoenix, AZ 85067-3577

Telephone: (888) 444-2359 or (602) 277-7991

Web: <http://www.coda.org>

Email: info@coda.org

Crystal Meth Anonymous

CMA General Services

4470 W. Sunset Blvd., Suite 107, PMB 555

Los Angeles, CA 90027-6302

Telephone: (855) 638-4373

Web: <http://www.crystalmeth.org>

Email: www.crystalmeth.org/contact-us.html

Dual Recovery Anonymous World Network Central Office

PO Box 8107, Prairie Village, Kansas, 66208

Telephone: (913) 991-2703

Web: <http://www.draonline.org>

Email: draws@draonline.org

Families Anonymous

701 Lee Street, Suite 670, Des Plaines, IL 60016-4508

Telephone: 1-800-736-9805

Web: <http://www.FamiliesAnonymous.org>

Email: famanon@FamiliesAnonymous.org

Food Addicts in Recovery Anonymous World Service Office

400 W. Cummings Park #1700, Woburn, MA 01801

Telephone: (781) 932-6300

Web: <http://www.foodaddicts.org>

Email: fa@foodaddicts.org

Food Addicts in Recovery Anonymous, Maine Chapter

PO Box 1722, Scarborough, ME 04070

Telephone: 1-888-998-5297 or (207) 775-2132

Web: <http://www.foodaddicts.org/eastern-area-intergroup/intergroup-eai-maine-chapter>

Email: meoffice@foodaddicts.org

Gamblers Anonymous International Service Office

PO Box 17173, Los Angeles, CA 90017

Telephone: (626) 960-3500

Web: <http://www.gamblersanonymous.org>

Email: isomain@gamblersanonymous.org

Heroin Anonymous World Services

5025 North Central Avenue, #587, Phoenix, AZ 85012

Web: www.heroinanonymous.org

Email: <http://heroinanonymous.com/contact-us>

Marijuana Anonymous World Services

PO Box 7807, Torrance, CA 90504-9207

Telephone: 1-800-766-6779

Web: <http://www.marijuana-anonymous.org>

Email: office@marijuana-anonymous.org

Methadone Anonymous

Methadone Support Org.

8471 E San Benito Dr, Scottsdale, AZ 85258

Telephone: (480) 361-5489

Web: <http://www.methadonesupport.org>

Email: Carol@methadonesupport.org

Narcotics Anonymous World Service Office

PO Box 9999, Van Nuys, CA 91409

Telephone: (818) 773-9999 ext.135

Web: <http://www.na.org>

Email: fsmail@na.org

Maine Area Narcotics Anonymous

MASCNA

PO Box 5309, Portland, ME 04101

Telephone: 1-800-974-0062

Web: <http://www.namaine.org>

Email: <http://namaine.org/contact.html>

Nar-Anon Family Group Headquarters

22527 Crenshaw Blvd, Suite 200 B, Torrance, CA 90505

Telephone: 1-800-477-6291 or (310) 534-8188

Web: <http://www.nar-anon.org>

Email: wso@nar-anon.org

National Alliance on Mental Illness (NAMI)

3803 N. Fairfax Dr., Suite 100, Arlington, VA 22203

Telephone: 1-800-950-6264 or (703) 524-7600

Web: <http://www.nami.org>

National Alliance on Mental Illness (NAMI Maine)

1 Bangor Street, Augusta, ME 04330

Telephone: 1-800-464-5767 or (207) 622-5767

Web: <http://www.namimaine.org>

Email: .info@namimaine.org

Nicotine Anonymous World Services

6333 E. Mockingbird, #147-817, Dallas, TX 75214

Telephone: (877) 879-6422

Web: <http://www.nicotine-anonymous.org>

Email: info@nicotine-anonymous.org

Overeaters Anonymous World Service Office

PO Box 44020, Rio Rancho, NM 87174-4020

Telephone: (505) 891-2664

Web: <http://www.oa.org/>

Email: <http://www.oa.org/contact>

Overeaters Anonymous (Maine)

Web: www.OAMaine.org

Southern Maine Inter-Group, PO Box 10642, Portland 04104

Telephone: 1-877-463-6207

Central Maine Inter-Group, PO Box 1593, Bangor 04402

Seacoast Inter-Group, PO Box 666, York 03909

Telephone: (603) 418-4398

Rational Recovery

Box 800, Lotus, CA 95651

Telephone: (530) 621-2667

Web: <http://www.rational.org>

Email: <http://www.rational.org/contact.php>

Secular Organizations for Sobriety (SOS)

4773 Hollywood Blvd, Los Angeles, CA 90027

Telephone: (323) 666-4295

Web: <http://www.centerforinquiry.net/sos>

Email: sos@cfiwest.org

Sex and Love Addicts Anonymous

1550 NE Loop 410, Suite 118, San Antonio, TX 78209

Telephone: (210) 828-7900

Web: <http://www.slaafws.org>

Email: www.slaafws.org/contact/General+Questions

TOPS (Take Off Pounds Sensibly)

4575 South Fifth St. PO Box 70360, Milwaukee, WI 53207

(414) 482-4620

Web: <http://www.tops.org>

Email: wondering@tops.org

Workaholics Anonymous World Service Organization

PO Box 289, Menlo Park, CA 94026-0289

Telephone: (510) 273-9253

Web: <http://www.workaholics-anonymous.org>

Email: wso@workaholics-anonymous.org

Workaholics Anonymous (Maine)

Web: <http://sites.google.com/site/waportlandme/>

Email: WAPortlandME@gmail.com

Support Group Additions/Deletions/Changes

If you know of a support group not listed here or know of changes to a current listing, please **fax (207) 287-8910** or mail this form to:

SAMHS, Information & Resource Center
41 Anthony Avenue, SHS 11
Augusta, ME 04333

We can also be reached at: 1-800-499-0027 or TTY: 711 or
Email: samhs.irc@maine.gov

Your name and telephone number (for verification purposes only)

_____ Phone: _____

This is a meeting: Addition Deletion Change

Type of Meeting: _____

Circle the meeting descriptions that apply to this meeting:

Accessible	Closed	Literature	Speaker
As Bill Sees It	Discussion	Meditation	Step
Beginners	Gay/Lesbian	Men Only	Tag
Big Book	Grapevine	Sign Language	Women Only
Child Care	Interpreted	Spanish/French	Youth

Day of the week the meeting occurs: _____

Time of day: _____ AM or PM

City or town in which the meeting takes place: _____

Location of the meeting (please include building name, street or road name and number):

Optional: Contact person and telephone number (to be listed in our public listing):



Department of Health and Human Services

*Maine People Living
Safe, Healthy and Productive Lives*

Paul R. LePage, Governor

Mary C. Mayhew, Commissioner

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